



# San Diego Feets

Vol. 36

No. 1

**WALKABOUT INTERNATIONAL** is a non-profit educational group that promotes neighborhood walking in urban, suburban, and rural environments throughout the world. Walkabout publishes a monthly schedule of events; for one complimentary issue call the Walkabout office, located at 2650 Truxtun Road, Suite 110, San Diego, CA 92106-6007, (619) 231-SHOE (7463), FAX (619) 231-9246. Office hours: 10:00 am to 2:00 pm, Monday through Friday. Internet: [www.walkabout-int.org](http://www.walkabout-int.org), e-mail: [info@walkabout-int.org](mailto:info@walkabout-int.org).

## January 2013

### PRESIDENT'S MESSAGE

Since input for this newsletter must be provided one month in advance, I am writing this in early December. But since you will all be reading this in late December or early January, I hope you all had a happy 2012 holiday season! This has been a good year for Walkabout except for the deaths of some long-time walkers. Since 2012 was our 35th Anniversary year, we had special walks in March to celebrate. As reported in the December newsletter, our annual meeting/auction in October attracted the largest crowd in years. We have had successful day trips and longer trips, including London/Paris. Some exciting trips are planned for 2013, including Sensational Switzerland. So far, in 2012, we have added over 80 new subscribers. Several new walk leaders have offered walks. Walkabout continues to provide enjoyable walks and trips, healthy exercise, social camaraderie, and new friends.

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### TUESDAY, JANUARY 1

Time: TBA

**NEW YEAR'S DAY WILDERNESS HIKE.** Today's special hike will be an e-mail hike with details sent out a few days before. **IMPORTANT HIKE INFO:** Park on the street in front of the Methodist Church, 2111 Camino del Rio South (west of Texas St.). Be prepared to drive yourself if there are no other carpoolers. Bring lunch, 2-3 quarts of water, sun and rain protection, and lug-soled shoes. "First timers" must call the leader. Also call in case of bad weather conditions. All participants must be in top condition, well prepared for trail conditions and will be accepted at the leader's discretion. Hikers must be able to keep pace with the group. Check the hikes at <http://www.walkabout-hikes.org> as weather or unusual conditions cause the hike to be moved or canceled. If you have any questions, please contact **Don** at [dpiller@cox.net](mailto:dpiller@cox.net) or (760) 796-4007.



Unless otherwise specified, Walks start at the time shown. Walk leaders should arrive 15 minutes before the time listed in the newsletter.

9:00 am **NC**

**20<sup>TH</sup> ANNUAL "WORLD FAMOUS" RANCHO BERNARDO OUTING.** **Frances S.**, a longtime participant, will lead Jim Attig's annual New Years Day walk for approximately 5 miles at a **moderate** pace over the gorgeous, sometimes hilly terrain enjoyed on this walk in years past. We hope Jim will join us for part of the walk. Rain cancels. Bring water and you might need a hat and/or sunscreen. Meet in front of Rancho Bernardo Winery. Take Hwy. 15 to Rancho Bernardo Rd., right (east) to Pomerado Rd., left (north) to Paseo del Verano Norte, right on winding road to the winery (Thomas Guide 1170-D1). For questions, call **Frances** at (858) 538-1435.

10:45 am

**14<sup>TH</sup> ANNUAL NEW YEAR CORONADO "CRUISE."** You're invited to celebrate New Year's Day in Coronado as we catch the 11:00 am ferry from Broadway Pier (allow time to purchase \$8.50 roundtrip tickets) and, after crossing the sparkling bay, we'll walk at 3 different paces to the beach: **casual** walkers will follow **Robert B.**, **Fran W.** will lead at a **moderate** pace and **Enid F.** will lead those who prefer a **moderate-plus** pace. We'll view the Del ice rink and tree before deciding where to eat lunch. Walk back to the Ferry Landing **at your own pace** to shop or catch the 2:30 ferry (or later every hour on the half-hour). **PARKING/TROLLEY:** Being a Sunday and a holiday, there is no charge to park in metered spaces, but, due to heavy construction, the closest meters are the more than 100 spaces at the **entrance** to the 5 Star parking lot on the **west** side of Pacific Hwy. just north of Broadway before you enter the pay lot. Better still, you can take the trolley, which will be on a Sunday schedule. Rain cancels. **Fran W.** (619) 271-7107.

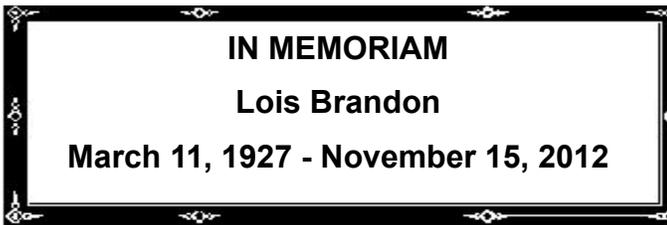
6:30 pm

**ABOVE THE BAY.** No walk tonight.

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#### Pace Yourself

Half Speed	—	1-2 miles per hour
Casual	—	2-3 miles per hour
Moderate	—	3 miles per hour
Moderate/Plus	—	3 1/2 miles per hour
Brisk	—	4 miles per hour
Very Brisk	—	over 4 miles per hour



## WEDNESDAY, JANUARY 2

Time: TBA

**WEDNESDAY WILDERNESS HIKE.** Today will be an e-mail hike. There is a chance there will be no hike due to certain weather conditions. You can check the hikes at [www.walkabouthikes.org](http://www.walkabouthikes.org) for updates. See January 1 listing for IMPORTANT INFORMATION. If you have any questions, please contact **Candy** at (619) 435-2894 or [ccbeckwith146@yahoo.com](mailto:ccbeckwith146@yahoo.com).

10:00 am

**BRIDGES OF SAN DIEGO/MARSTON HOUSE - PART 2.** Join **Bev B.** and **Linda H.** to explore the Spruce Street Suspension Footbridge and the Quince Street Footbridge in the Banker's Hill area. Both of these bridges span the natural canyons of the area offering incredible views from high above. This walk is for those who can handle heights as well as light swaying of the bridge. Meet at the corner of Spruce and Brant streets (Thomas Guide 1269-A7) – there is plenty of street parking. We will then walk to the Marston House, where you can check out the museum and gardens. There is also a 30-45 minute tour available: \$7 seniors (65+), \$10 adult. Optional lunch follows. **Bev B.** (858) 268-8088.

6:15 pm

**WEDNESDAY NIGHT WORKOUT.** Join us at Pioneer Park in Mission Hills next to Grant School at Washington Pl. and Randolph St. for a **moderate-plus** to **brisk**-paced, 1½ hour walk. We head in a different direction each week to explore Old Town, Hillcrest, Bankers Hill or Mission Hills. Come and have some fun! **Debbie B.** (858) 229-1065 or **Barbara N.** (619) 226-3024.

## THURSDAY, JANUARY 3

6:30 am

**SUNRISE SERIES: CLAIREMONT.** We visited the trashy lot several months back, and today we'll see what has happened now that Goodwill has opened there. Next door to it, North Park Produce Market should open soon. Meet **Verna** at Iroquois Ave. and Clairemont Dr. at the eastern end of the shopping lot where you see Home Town Buffet, etc. Park as close to the intersection as possible. Take the I-5, exit at Clairemont Dr. and go to the top of the hill. Off the 805, go west on Clairemont Mesa Blvd. and south on Clairemont Drive. Optional breakfast follows as usual. This walk is all flat on paved sidewalks for 1 hour. Walk **at your own pace**, but a "caboose" will keep the group from getting lost. (619) 276-3055.

10:00 am

### **SHELTER ISLAND WALK & TALK BUNCH.**

**Sandra, Sally and Friends** will do a **casual** walk from the Bali Hai Restaurant to the Friendship Bell and back on flat sidewalks (about 2.2 miles round trip & about 60-70 minutes). Breathe delicious ocean air and enjoy dynamic bay and city views from ships to seashore wildlife. You may stop at one of the many benches and rejoin us on the return leg. Meet at the east end of the island, about 100 paces to the right of the entrance to the Bali Hai by the lamp post and hand rails, where we will stretch a few minutes. If you're late, drive down the island and join us along the way. Optional: re-walk the island to the pier for additional mileage. Bring a pedometer if you have one. For public transportation, take the #28 bus and walk approximately 3 blocks to the Bali Hai. Ample free parking. Optional eats after. Rain cancels. Join us - just for the health of it!! Walk repeats every Thursday. **Sally R.** (619) 272-8851.

10:00 am

**MISSION BEACH NORTH & SOUTH.** Walk the beach or the bay and stop for coffee near the end of this **moderate-plus** or **moderate**-paced walk. Meet at the Belmont Park ticket booth off Mission Blvd. To use public transport, take the trolley to Old Town. Take the #8 bus at 9:40 to Mission Blvd. arriving at 9:54. Walk across the street. Rain cancels. **Kathy L.** (858) 484-0349.

10:15 am

**MORNING STROLL IN BALBOA PARK.** Meet at the Senior Lounge across from the Museum of Photographic Arts to walk at a **casual** pace through beautiful Balboa Park for about 45 minutes. Terrain is flat and mostly paved. Stay after for optional coffee and cookies. Use the #7 bus if you don't want to drive. Rain cancels. **Mary T.** (619) 291-1349.

## FRIDAY, JANUARY 4

1:00 pm

**LEAPIN' LEMON GROVE.** Let's meet by the giant lemon at the Lemon Grove trolley station (street parking in area) for a walk to a close-out brand store, a European bakery, the local historical society complex and the commercial district. If you'd like to enjoy lunch out, come at noon (same meeting point) to eat, then meet the walkers-only at 1:00 pm. **Casual** pace over city streets, rain won't cancel. **Leapin' Dan** (619) 249-2446.

4:30 pm

**MISSION HILLS MEANDER.** Come see the great views and picturesque homes and gardens of this homey old neighborhood on a 1-hour, **moderate**-paced walk on flat terrain. Meet at Espresso Mio, 1920 Ft. Stockton Dr. From Washington St., go north on Goldfinch St. and west on Ft. Stockton Dr. Rain cancels. Wear white or light colors for safety's sake. **Pat P.** (619) 291-6162.

## SATURDAY, JANUARY 5

Time: TBA

**SATURDAY WILDERNESS HIKE.** Today will be an e-mail hike. There is a chance there will be no hike due to certain weather conditions. You can check the hikes at [www.walkabout hikes.org](http://www.walkabout hikes.org) for updates. See January 1 listing for IMPORTANT INFORMATION. If you have any questions, please contact **Don** at [dpiller@cox.net](mailto:dpiller@cox.net) or (760) 796-4007.

10:00 am

**ALVARADO CREEK/DEL CERRO.** Meet **Virginia** at the Alvarado trolley stop at Reservoir Rd. for a 2-hour **casual**, somewhat hilly walk near SDSU that will include the historic Adobe Falls and the residential area where a house slid down the hill. Rain cancels. (619) 231-7463.

11:00 am

**DOWNTOWN CAPERS.** Meet at the Balboa Theater at 4<sup>th</sup> Ave. & E St. for a **casually**-paced trudge around downtown to inspect new businesses and see what's new and different. Rain will cancel. Stop for an optional lunch at the end of the walk. Park at Horton Plaza with free 3-hr. validation at kiosks or take public transportation to Horton Plaza. **Gaslamp Dan** (619)249-2446.

6:15 pm **NOTE NEW MEETING LOCATION**

**SATURDAY NIGHT LIVE.** **Carol, Teri** or a substitute leader will guide you along the harbor or through downtown while enjoying the bright lights and fresh breezes. Meet at the **entrance** to the 5 Star parking lot on the **west** side of Pacific Hwy. just north of Broadway – this lot has lots of metered parking, which is free after 6:00 pm, before you enter the pay lot. (Note: the 5 Star lot on the east side of Broadway is a pay lot only.) The pace is **moderate** to **moderate-plus** for about 1½ hours. Rain cancels. We encourage anyone to lead a slower version of this walk any Saturday. Often a group of walkers will break away for a casual dinner, so feel free to join them! Walk leaves promptly at 6:15. **Carol W.** (619) 303-7942, **Teri E.** (619) 584-8984.

## SUNDAY, JANUARY 6

7:15 am

**LA JOLLA BREAKFAST SPECIAL.** Let's explore La Jolla's beautiful homes, interesting stores and ocean views. Maybe we'll spot some migrating whales again on this **moderately**-paced walk for about 60 minutes. Optional breakfast follows at a favorite restaurant. Meet at Girard Ave. and Pearl St. Rain cancels or postpones. **Pat's Pals** (619) 469-6223.



Even when not mentioned, flashlights should be kept handy on evening or early morning walks. They help you not only to see, but to be seen.

## Marvelous Monterey Bay – A Thanksgiving Treat in the Serenity of Asilomar

November 26 - 30, 2013

Explore Monterey Bay and the charm of Carmel, Cannery Row, Pacific Grove, Pebble Beach and the Monterey Bay Aquarium. Enjoy 5 days / 4 nights with all meals included in the bucolic environs of Asilomar Conference Grounds. Stroll with Rita and Diane. Or, stretch your legs with Larry and Walter. The choices abound for how you can enjoy the Thanksgiving week with the Walkabout family. Our comfortable chartered coach sweeps us up to and back from our Northern California hideaway. To tentatively reserve a spot, send your fully refundable \$100 deposit to Walkabout, accompanied by your name, address, phone number, email address and notation: Marvelous Monterey Bay. For more info, contact Larry at [Larry@walkabout-int.org](mailto:Larry@walkabout-int.org) or 858.755.1751 (evenings or weekends)

8:15 am

**MERRY GO-ROUND.** Start from the carousel in Balboa Park and join us on one of the most scenic walks in San Diego. Our **brisk** pace encompasses the harbor, downtown, Bankers Hill and bridges depending on size of group and mood. Allow 3 hours, which includes a coffee break. To use public transportation, take the trolley to 3<sup>rd</sup> Ave. and C St. At 3<sup>rd</sup> Ave. and Broadway take the #7 bus at 7:42 or 7:48. Arrive at Zoo Pl. at 8:00 or 8:06. Meet **Rick** at the carousel at Park Blvd. and Zoo Pl. (858) 565-7212.

## MONDAY, JANUARY 7

6:30 am

**SUNRISE SERIES: LIBERTY STATION.** We'll start the New Year walking Liberty Station as we meet at the foot of Womble St. for a mostly **moderate**-paced flat, 1-hour walk with the option of walking at your own pace to enjoy the sunrise, airplanes taking off from Lindbergh Field, early morning joggers and birds along the inlet. We may cross over to Spanish Landing to check on the progress of the *San Salvador*, a full-sized, fully functional and historically accurate replica of Juan Rodriguez Cabrillo's *San Salvador* capitana (flagship of the Spanish expedition) which first explored the West Coast. A flashlight may be necessary, and bring money for an optional breakfast afterwards. **Connie** (619) 477-8628.

The following geographical descriptions are used for walks not in San Diego proper. They appear on the same line with the time.

**NC** = north past La Jolla

**EC** = east of La Mesa

**SB** = National City or south

10:00 am

**CROWN POINT AREA BECKONS.** Start out your week with a beautiful scenic view of Mission Bay and homes nearby. **Kathy L.** leads a **moderate**-paced walking group and pauses for coffee at a Pacific Beach coffee shop. Rain cancels. Take I-5 to Grand Ave. and go west to Lamont St. Turn left on Lamont St. then right on Crown Point Dr. Meet at the west end of the parking lot near the restrooms. To use public transportation, take the trolley to Old Town. Take the #9 bus at 9:10, get off at La Cima at 9:30. Walk 3 blocks east to the parking lot. Rain cancels. (858) 484-0349.

1:00 pm

**ELUCIDATING EUCLID.** Meet at the Euclid Ave. trolley stop for a **casually**-paced visit to the surrounding colorful shopping center, a new nearby housing development and chance to see the Jacobs Center. If you want to join us for lunch, meet at the trolley at noon and sample some soul food at a close-by restaurant in the center before the walk. Rain cancels. **Dangerous Dan** (619) 249-2446.

## TUESDAY, JANUARY 8

10:00 am

**TUESDAY WALKERS EXPLORE POINT LOMA NAZARENE COLLEGE.** The Theosophists are long gone, but some of their architecture remains along with beautiful ocean views. Let's take a **moderate** walk with only small rises for about 1-1/2 hours through the campus to enjoy this beautiful part of San Diego's history. Meet at the grocery store entrance at Talbot St. and Catalina Blvd. Rain cancels. Pat K. (619) 469-6223.

6:30 pm

**ABOVE THE BAY.** Join us for some exercise and fabulous views of the lights around Mission Bay. Meet by Carl's Jr. at Clairemont Dr. and Burgener Blvd. for a hilly, 1-hour plus, **moderate to moderate-plus** paced walk (see Thomas Guide 1248-F6). Rain, but not mist, cancels. Flashlight recommended. Please call **Teri E.** (619) 584-8984 or **Jill F.** (858) 292-4231 to make sure the walk is "on" for the week (rarely cancelled due to holiday or commitments).

## WEDNESDAY, JANUARY 9

Time: TBA

**WEDNESDAY WILDERNESS HIKE.** Today will be an e-mail hike with details sent out a day or two before. There is a chance there will be no hike due to certain weather conditions. You can check the hikes at [www.walkabout hikes.org](http://www.walkabout hikes.org) for updates. See January 1 listing for IMPORTANT INFORMATION. If you have any questions, please contact **Stan** before 4:30 pm at (619) 448-1668 or [shunt92071@yahoo.com](mailto:shunt92071@yahoo.com).

6:15 pm

**WEDNESDAY NIGHT WORKOUT.** See January 2.

## THURSDAY, JANUARY 10

6:30 am

**SUNRISE SERIES: ANOTHER ONE FOR THE BIRDS.** Hopefully, our feathered friends from the north will be on hand for this 1-hour, flat walk on paved terrain **at your own pace** along Mission Bay, so you can test your legs or bring binoculars and slow down to enjoy nature. Take the I-5 to the Tecolote-Sea World Drive exit and proceed west past several lights. After the light at Friars Rd., watch for the next light, where you'll see the South Coast Launch Area sign on your right, but you will turn left onto the old road that parallels Sea World Dr. Bring money for an optional breakfast after. For more information, call **Edie** (619) 222-4396.

10:00 am

**MISSION BEACH NORTH & SOUTH.** See January 3.

10:00 am

**SHELTER ISLAND WALK & TALK BUNCH.** See January 3.

10:15 am

**MORNING STROLL IN BALBOA PARK.** See January 3.

## FRIDAY, JANUARY 11

10:00 am

**WALKABOUT BOARD MEETING.** The monthly meeting will be held in the Board Room of the NTC Command Center, 2640 Historic Decatur Rd. (619) 231-7463.

1:00 pm

**LIBERTY STATION SPREE.** Meet at the Walkabout office (parking in rear or on street) for a casually-paced stretch around the area. See where new buildings are coming alive with businesses and cultural centers, and enjoy some bay breezes in a walk along the park. **Dangerous Dan** (619) 249-2446.

4:30 pm

**MISSION HILLS MEANDER.** See January 4.

## SATURDAY, JANUARY 12

Time: TBA

**SATURDAY WILDERNESS HIKE.** Today will be an e-mail hike. There is a chance there will be no hike due to certain weather conditions. You can check the hikes at [www.walkabout hikes.org](http://www.walkabout hikes.org) for updates. See January 1 listing for IMPORTANT INFORMATION. Contact **Bill** at (619) 264-1299 if you have any questions.

7:15 am

**LATE BIRDS.** For those of us who can't get up for the Sunrise Series, **Anna T.** will lead a walk **at your own pace** around Pacific Beach. After the walk, we will have an optional breakfast. Take the #30 bus at 6:45 from Old Town, exit at Mission Blvd. Meet in front of the Crystal Pier at the west end of Garnet Ave. Rain cancels. (619) 231-7463.

# January 2013 Walks at a Glance

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>1</b> TBA New year's day wilderness hike. 9:00 am NC 20 <sup>TH</sup> Annual RB Outing. 10:45 am 14 <sup>th</sup> Annual New Year Coronado "Cruise"	<b>2</b> TBA Wednesday Wilderness Hike 10:00 am Bridges Of San Diego/Marston House - Part 2 6:15 pm Wednesday Night Workout	<b>3</b> 6:30 am Sunrise Series 10 am Shelter Island 10 am Mission Beach 10:15 am Balboa Park	<b>4</b> 1:00 pm Leapin' Lemon Grove 4:30 pm Mission Hills Meander	<b>5</b> TBA Wilderness Hike 10:00 am Alvarado Creek/Del Cerro 11:00 am Downtown Capers 6:15 pm Saturday Night Live
<b>6</b> 7:15 am La Jolla Breakfast Special 8:15 am Merry Go-Round	<b>7</b> 6:30 am Sunrise Series 10:00 am Crown Point Area Beckons 1:00 pm Elucidating Euclid	<b>8</b> 10:00 am Tuesday Walkers Explore PLNC 6:30 pm Above The Bay	<b>9</b> TBA Wilderness Hike 6:15 pm Wednesday Night Workout	<b>10</b> 6:30 am Sunrise Series 10 am Shelter Island 10 am Mission Beach 10:15 am Balboa Park	<b>11</b> 10:00 am Board Meeting 1:00 pm Liberty Station Spree 4:30 pm Mission Hills Meander	<b>12</b> TBA Wilderness Hike 7:15 Late Birds 11:00 am Downtown Check-In 6:15 pm Saturday Night Live
<b>13</b> 7:15 Breakfast Special 8:15 am Merry Go Round	<b>14</b> 6:30 am Sunrise Series 10 am Crown Point	<b>15</b> 11:00 am Downtown Dangle 3:00 pm Kensington Canter 6:30 pm Above the Bay	<b>16</b> TBA Wilderness Hike 6:15 pm Wednesday Night Workout	<b>17</b> 6:30 am Sunrise Series 10 am Shelter Island 10 am Mission Beach 10:15 am Balboa Park	<b>18</b> 4:30 pm Mission Hills Meander	<b>19</b> TBA Wilderness Hike 6:15 pm Sat Night
<b>20</b> 7:15 Breakfast Special 8:15 am Merry Go Round	<b>21</b> 6:30 am Sunrise Series 10 am Crown Point	<b>22</b> 6:30 pm Above the Bay	<b>23</b> TBA Wilderness Hike 10 am Robert 6:15 pm Workout	<b>24</b> 6:30 am Sunrise Series 10 am Shelter Island 10 am Mission Beach 10:15 am Balboa Park	<b>25</b> 1:00 pm Mt. Hope Cemetery 4:30 pm Mission Hills	<b>26</b> TBA Wilderness Hike 7:15 Late Birds 11:00 am Downtown Lopers 6:15 pm Sat Night
<b>27</b> 7:15 Breakfast Special 8:15 am Merry Go Round 9:15 am NC Tranquility In Carmel Valley	<b>28</b> 6:30 am Sunrise Series 10 am Crown Point 2:00 pm Gaslamp/Waterfront	<b>29</b> 11:00 am 25th & Commercial 6:30 pm Above the Bay	<b>30</b> TBA Wilderness Hike 6:15 pm Workout	<b>31</b> 6:30 am Sunrise Series 10 am Shelter Island 10 am Mission Beach 10:15 am Balboa Park		

## UPCOMING WALKS, EVENTS & TRIPS FOR 2013

We are recruiting walk leaders for some of the following walks that don't list a leader. If interested, please call the office (619) 231-7463 . Receive help w/write-up, etc. And, please send in YOUR ideas!! (Note Newsletter deadline dates).

### JANUARY 2013

Annual New Year's Day Walk..... Bob, Fran, & Enid  
Seven Bridges of San Diego (part 2)

..... Bev B. & Linda H.

Register NOW for Annual Coronado Bridge Walk in  
May ..... Sally R. 619-272-8851)

### FEBRUARY 2013 (Deadline for newsletter: Jan. 3rd)

Chinese New Year Walk & Dinner..... Larry F.

Groundhog Day Walk

Seven Bridges of San Diego (Part 3

..... Bev B. B. & Linda H.

"New" Kissing Sailor Statue/Harbor Walk

### MARCH 2013 (Deadline for newsletter: Feb. 3rd)

Walkabout's 36th Anniversary Walks and Events

St .Patrick's Day Parade Walk..... Fran W.

Happy Hour at Rooftop Bars in Downtown

Coronado Garden Tour Walk..... Prez Bob B.

Kobey Swap Meet P/R Booth ..... (Need Volunteers)

### APRIL 2013 (Deadline for newsletter: Mar 3rd)

Anza Borrego Day Trip..... Walter K.

Three Rose Gardens at Liberty Station..... Linda H.

Japanese Garden/Balboa Park/Cherry Blossoms

..... Jackie B/Sally R.

### MAY 2013 (Deadline for newsletter: April 3rd)

Annual Coronado Bridge Walk- Must register by late

January..... Call Sally R @ (619) 272-8851

Memorial Day Walk

### OTHER SUGGESTED WALKS/EVENTS

Annual Walk Leaders Safety Meeting

Annual Walk Leaders Appreciation Luncheon

Airport Terminal Opening Summer 2013

Annual Port of San Diego Harbor Boat Tour + Bus .....

Tour of behind the scenes – FREE (May/June)

Balboa Park w/Ranger Tour

Cabrillo Monument Ranger led Cabrillo trails Ellen Q.

Coaster trip to Oceanside Pier/Cedros Shopping

County Fair- June/early July

Del Mar Race Track- July/Aug

Downtown Library Opening - June - Evelyn K.

Free Tuesdays at Museums in Balboa Park

Gemological Institute of America/Carlsbad Docent Led  
tour

I Love A Clean San Diego - beach cleanup - Sept

Jerry Schad Memorial Trail/Balboa Park

La Mesa Oktoberfest- Sept

Lambs Xmas Play-Dec

Mainly Mozart Open Free Rehearsals,

Balboa Theater: June 13, 15 & 20th, followed by Walk

Navy Fleet Week- Sept

Neighborhood Holiday Light Viewing - Holidays

Parade of Tall Ships (Labor Day Weekend)

Reuben Fleet/Star Gazing/Balboa Park - Ellen Q.

San Diego River Walk/Docent Led - May

Spring and Fall Garden and Home Tours

Summer Pops

Tijuana- Visit new San Diego Office in TJ ..... May

2015 -Balboa Park Centennial

### 2013 TRIPS: ( Tentative Schedule)

Charleston, SC & Savannah, GA..... Early Spring

Washington DC..... Spring

Poland Springs Inn/Maine..... Summer

Switzerland..... Summer

New York City..... Early Fall

Cape Cod/Boston..... Early Fall

Boise, ID ..... Fall

New Orleans ..... Fall

Biltmore Estate/Ashville, NC ..... Fall

Asilomar/Monterey Bay..... Thanksgiving

CA Coast/Hwy 1..... Late Fall

### 2011-2012 Board Members

President

Robert Buehler ..... (858) 571-7733

[President@walkabout-int.org](mailto:President@walkabout-int.org)

1st Vice President

Norman Vigeant ..... [ngfrenchy@hotmail.com](mailto:ngfrenchy@hotmail.com)

2nd Vice President

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[danhaslam@walkabout-int.org](mailto:danhaslam@walkabout-int.org)

Recording Secretary

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Treasurer

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Walter Konopka ..... (619) 281-4958

[wkonopka@sbcglobal.net](mailto:wkonopka@sbcglobal.net)

Bruce Herms..... Emeritus

### NEWSLETTER DEADLINE NOTICE

All walks must be in the office by the 3rd of the month before the month of the walk. None will be accepted after that date. (For example, the April newsletter is published in March, so walks must be submitted by March 3rd.) You can e-mail your walks to [walks@walkabout-int.org](mailto:walks@walkabout-int.org), or mail them to Walkabout, 2650 Truxtun Rd. Suite 110, San Diego, CA 92106-6007. If you mail them, please use the walk information form available in our office, on our website at [www.walkabout-int.org](http://www.walkabout-int.org), or send a SEPARATE 8 x 11 sheet for each walk. If you e-mail more than one walk, please leave extra space between each walk.

11:00 am

**DOWNTOWN CHECK-IN.** Meet at the Balboa Theater at 4th Ave. and E St. for a **casually**-paced trudge around downtown. We'll hit a different direction each walk this month to get a pulse of the downtown city. Rain will cancel, and we'll stop for an optional lunch at the end of the adventure. Park at Horton Plaza with free 3-hr. validation at kiosks, or take public transportation to Horton Plaza. **Gaslamp Dan** (619) 249-2446.

6:15 pm

**SATURDAY NIGHT LIVE.** See January 5.

## SUNDAY, JANUARY 13

7:15 am

**BREAKFAST SPECIAL IN BALBOA PARK.** The park is beautiful any time of the year with many paths to explore on this flat walk **at your own pace**. Eating and chatting afterwards is optional but great fun (Greek?). Meet at the carousel on Park Blvd. at Zoo Pl. **Pat's Pals** (619) 469-6223.

8:15 am

**MERRY GO-ROUND.** See January 6.

## MONDAY, JANUARY 14

6:30 am

**SUNRISE SERIES: NORTH PARK/NORMAL HEIGHTS.** We'll meet at the corner of Kansas St. and El Cajon Blvd to explore these eclectic neighborhoods. Since San Diego is embarking on an update to the 1986 Greater North Park Community Plan along with updates to the community plans for Golden Hill and Uptown, it will be interesting to get reacquainted with this area. Park behind the restaurant, 2900 El Cajon Blvd. for this **casual** to **moderate** 1-hour walk on flat terrain. Bring a flashlight and money for an optional breakfast after. From the south, take the 805 to the El Cajon Blvd. exit and turn left. From the north, turn right onto El Cajon Blvd. until you come to Kansas St. (about ½ mile). Watch out for women of the night! **Frances** (619) 479-3962.

10:00 am

**CROWN POINT AREA BECKONS.** See January 7.

## TUESDAY, JANUARY 15

11:00 am

**DOWNTOWN DANGLE.** Meet at the Balboa Theater at 4th Ave. and E St. for a **casually**-paced dangle through downtown. We never know where we'll head each week, but perhaps there'll be a special sale or open house to enjoy. Rain will cancel, and we'll stop for an optional lunch at the end of the dangle. Park at Horton Plaza with free 3-hr. validation at kiosks or take public transportation to Horton Plaza. **Gaslamp Dan** (619)249-2446.

3:00 pm

**KENSINGTON CANTER.** Let's stroll along the lovely streets of North Kensington past beautiful homes and gardens. Meet at the corner of Marlborough Dr. and Alden Dr., 1 block north of Adams Ave., for a flat, **moderate** 1-1/2 hour walk. Bus #11 stops at Adams Ave. and Kensington Dr. Rain cancels. **Evelyn K.** (619) 461-6095.

6:30 pm

**ABOVE THE BAY.** See January 8.

## WEDNESDAY, JANUARY 16

Time: TBA

**WEDNESDAY WILDERNESS HIKE.** Today will be an e-mail hike with details sent out a day or two before. There is a chance there will be no hike due to certain weather conditions. You can check the hikes at [www.walkabout hikes.org](http://www.walkabout hikes.org) for updates. See January 1 listing for IMPORTANT INFORMATION. If you have any questions, please contact **Candy** at (619) 435-2894 or [ccbeckwith146@yahoo.com](mailto:ccbeckwith146@yahoo.com).

6:15 pm

**WEDNESDAY NIGHT WORKOUT.** See January 2.

## THURSDAY, JANUARY 17

6:30 am

**SUNRISE SERIES: SOUTH SHORE SAUNTER.** Meet **Winnie** at the South Shore Boat Launch just east of Sea World on Mission Bay. We should be able to see the early winter animals and/or water birds that visit San Diego. Bring a flashlight. Take the I-5 to Sea World Dr. and South Shores. Optional breakfast follows this **moderate**, flat 1-hour walk. (858) 278-4003.

10:00 am

**SHELTER ISLAND WALK & TALK BUNCH.** See January 3.

10:00 am

**MISSION BEACH NORTH & SOUTH.** See January 3.

10:15 am

**MORNING STROLL IN BALBOA PARK.** See January 3.

## FRIDAY, JANUARY 18

4:30 pm

**MISSION HILLS MEANDER.** See January 4.



**NEWSLETTER STAFF:** Diane Altona, Verna Bain, Bob Buehler, Dick Hiatt, Stan Follis, Lorraine Marshall, Marilyn Ralph, Fran Whiteman.

**MAILING CREW:** Pat Peterson (Captain), Alice Berwert, Barbara Miller, Sharon Nelson, Donna O'Donnell, Joanne Paul, Fusa Shimizu, Judy Vandruff.

**A HAPPY LUNAR NEW YEAR  
CELEBRATION – CHINESE STYLE**

**SUNDAY, FEBRUARY 24**

**4:00 pm -- “feet”**

**5:00 pm -- “fete”**

Happy 4711! Get ready to wiggle your way through Walkabout's annual fete and feet to celebrate the Lunar New Year -- this time the Year of the Snake. Look for details of this fabulous event in the February newsletter.

**SATURDAY, JANUARY 19**

Time: TBA

**SATURDAY WILDERNESS HIKE.** Today will be an e-mail hike with details sent out a day or two before. There is a chance there will be no hike due to certain weather conditions. You can check the hikes at [www.walkabout hikes.org](http://www.walkabout hikes.org) for updates. See January 1 listing for IMPORTANT INFORMATION. Contact **Bill** at (619) 264-1299 if you have any questions.

6:15 pm

**SATURDAY NIGHT LIVE.** See January 5.

**SUNDAY, JANUARY 20**

7:15 am

**BREAKFAST SPECIAL ALONG EAST MISSION BAY.** Let's take a flat walk **at your own speed** to see the birds, boats and views. Optional breakfast and chatting follow. Meet at the former Visitors Information Center. From I-5 take the Clairemont Dr. exit and go west. Rain cancels or postpones. **Pat's Pals** (619) 469-6223.

8:15 am

**MERRY GO-ROUND.** See January 6.

**MONDAY, JANUARY 21**

6:30 am

**SUNRISE SERIES: ALLIED GARDENS.** We'll begin our walk along Waring Rd. and then venture into the pleasant side streets on this **casual** 1-hour, mostly flat walk beginning at the Albertson's parking lot at 5185 Waring Rd. off Hwy. 8. Bring money for an optional breakfast after. **Betty** (858) 248-3782.

10:00 am

**CROWN POINT AREA BECKONS.** See January 7.

**TUESDAY, JANUARY 22**

6:30 pm

**ABOVE THE BAY.** See January 8.



In case of emergency please carry ID and medical information on walks.

**WEDNESDAY, JANUARY 23**

Time: TBA

**WEDNESDAY WILDERNESS HIKE.** Today will be an e-mail hike with details sent out a day or two before. There is a chance there will be no hike due to certain weather conditions. You can check the hikes at [www.walkabout hikes.org](http://www.walkabout hikes.org) for updates. See January 1 listing for IMPORTANT INFORMATION. If you have any questions, please contact **Stan** before 4:30 pm at (619) 448-1668 or [shunt92071@yahoo.com](mailto:shunt92071@yahoo.com).

10:00 am

**BALBOA PARK CORK STOPPER.** Join **Robert and Friends** for a **casual** 1-hour walk - half city streets, half squirrel land, including the Marston House grounds. Enjoy the splendor of our downtown forest. See the famous Balboa Park cork tree. Optional eating afterwards. Meet at 6<sup>th</sup> Ave. and Spruce St. Free parking on Balboa Dr. in the Park with the entrance at Upas St. Note that there is no parking on the Park side of 6<sup>th</sup> Ave. on Wednesday mornings. To take public transportation, the closest bus route is #3. From the north, take bus #3 (“Euclid Trolley”). Exit at 4<sup>th</sup> Ave. and Spruce St. at approximately 9:03, walk 0.1 mile east to 6<sup>th</sup> St. From the south, take bus #3 (“UCSD Hospital”). Exit at 5<sup>th</sup> Ave. and Redwood St. at approximately 8:45, walk 0.1 mile northeast to 6<sup>th</sup> Ave. and Spruce St. Rain cancels. **Robert B.** (858) 571-7733.

6:15 pm

**WEDNESDAY NIGHT WORKOUT.** See January 2.

**THURSDAY, JANUARY 24**

6:30 am

**SUNRISE SERIES: OCEAN BEACH.** Let's go for a **moderate**, 1-hour walk as we check out the surfers and fishermen from the pier and then walk along Sunset Cliffs to view the ocean and beautiful homes. Take Hwy. 8 west to the Sunset Cliffs Blvd. signal, turn left for a few blocks and then right on Newport Ave. and continue west for 1-1/2 blocks. Meet across the street from the old Strand Theater. Bring a flashlight in case it's dark and money for an optional breakfast after. **Fusa** (619) 223-6947.

10:00 am

**MISSION BEACH NORTH & SOUTH.** See January 3.

10:00 am

**SHELTER ISLAND WALK & TALK BUNCH.** See January 3.

10:15 am

**MORNING STROLL IN BALBOA PARK.** See January 3.

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**Office Staff**

Donna Farris, Marilyn Buckley, Grace Greenalch, Pat Peterson, Marilyn Ralph,

## FRIDAY, JANUARY 25

1:00 pm

**MT. HOPE CEMETERY.** The nice thing about a **casually**-paced cemetery walk is that when we're done, we get to leave... Let's meet at the 32d & Commercial trolley stop for a hilly walk up the mount to visit the resting places of some famous San Diegans, including "Father" Horton. Rain will cancel. **Digger Dan** (619) 249-2446.

4:30 pm

**MISSION HILLS MEANDER.** See January 4.

## SATURDAY, JANUARY 26

Time: TBA

**SATURDAY WILDERNESS HIKE.** Today will be an e-mail hike. There is a chance there will be no hike due to certain weather conditions. You can check the hikes at [www.walkabout hikes.org](http://www.walkabout hikes.org) for updates. See January 1 listing for IMPORTANT INFORMATION. If you have any questions, please contact **Don** at [dpiller@cox.net](mailto:dpiller@cox.net) or (760) 796-4007.

7:15 am

**LATE BIRDS.** For those of us who can't get up for the Sunrise Series, **Fusa and Friends** will lead a 1-hour walk **at your own pace** around Shelter Island, followed by an optional breakfast. Meet in the parking lot at Anchorage Ln. and Cañon St. Rain cancels. (619) 223-6947.

11:00 am

**DOWNTOWN LOPERS.** Meet at the Balboa Theater at 4th Ave. and E St. for a **casually**-paced lope through downtown. Perhaps there is a festival to enjoy or simply a chance to get to the water's edge and enjoy that we live in America's Finest City. Rain (unlikely) will cancel, and we'll stop for an optional lunch at the end of the lope. Park at Horton Plaza with free 3-hr. validation at kiosks or take public transportation to Horton Plaza. **Loper Dan** (619) 249-2446.

6:15 pm

**SATURDAY NIGHT LIVE.** See January 5.

## SUNDAY, JANUARY 27

7:15 am

**BREAKFAST SPECIAL IN PACIFIC BEACH.** Before the crowds arrive, walking in Pacific Beach can be delightful. We'll walk along the ocean admiring the waves on a flat walk **at your own speed** and then return by the same route. Meet at the west end of Garnet Ave. by the Crystal Pier. From Old Town Transit Center, take the #8 bus at 6:30. Rain cancels or postpones. Optional breakfast follows, perhaps on a deck overlooking the ocean. **Pat's Pals** (619) 469-6223.

8:15 am

**MERRY GO-ROUND.** See January 6.

9:15 am NC

**TRANQUILITY IN CARMEL VALLEY.** Amid the caldron of construction in Carmel Valley is an oasis of serenity tucked away in a secluded canyon, so let's belatedly ring in the new year on the right (or left) foot with a **moderate-plus** paced, 2.5 hour prance over mixed up and down terrain. Look for **Larry** in the Torrey Pines High School parking lot by the northeast corner of Del Mar Heights Rd. and Torrey Ridge Dr., about 1.5 miles east of the Del Mar Heights exit for I-5. BYO water, but rainwater cancels! [Larry@walkabout-int.org](mailto:Larry@walkabout-int.org) or (858) 755-1751 (evenings or weekends).

## MONDAY, JANUARY 28

6:30 am

**SUNRISE SERIES: AROUND ROLANDO.** Meet **Gloria** at the parking lot of the restaurant at 6695 El Cajon Blvd. to walk in and around Rolando. This mostly flat, paved one-hour walk is **casual** to **moderately**-paced. Bring money for an optional breakfast after. May need a flashlight. (619) 482-7677.

10:00 am

**CROWN POINT AREA BECKONS.** See January 7.

2:00 pm

**GASLAMP/WATERFRONT.** Meet at the Balboa Theater 4th Ave. & E St. for a **casually**-paced romp through the Gaslamp Quarter down to the waterfront across the pedestrian bridge by the ballpark and back. We'll walk where the spirit moves us and perhaps take in a happy hour at the end of our romp. Rain cancels. **Gaslamp Dan** (619) 249-2446.

## TUESDAY, JANUARY 29

11:00 am

**25th & COMMERCIAL.** Meet at the trolley station of the same name in this very working class neighborhood. There is street parking in the area, but the trolley's the best bet. On our **casually**-paced walk, there are some scrap metal yards to explore and an exciting covered wagon hovering over a junk yard that's not to be missed, some delightful mosaic benches at the trolley stop and a huge new mixed-use project. This walk will show you what is poised to be the new extended downtown once the library and new football stadium open. Rain cancels. Optional lunch in an interesting restaurant follows. **Dan-in-the-'Hood** (619) 249-2446.

6:30 pm

**ABOVE THE BAY.** See January 8.



Please remember that Walkabout International is a non-smoking experience. There is no smoking at the meeting place before the walk or during the walk.

## WEDNESDAY, JANUARY 30

Time: TBA

**WEDNESDAY WILDERNESS HIKE.** Today will be an e-mail hike with details sent out a day or two before. There is a chance there will be no hike due to certain weather conditions. You can check the hikes at [www.walkabouthikes.org](http://www.walkabouthikes.org) for updates. See January 1 listing for IMPORTANT INFORMATION. If you have any questions, please contact **Candy** at (619) 435-2894 or [ccbeckwith146@yahoo.com](mailto:ccbeckwith146@yahoo.com).

6:15 pm

**WEDNESDAY NIGHT WORKOUT.** See January 2.

## THURSDAY, JANUARY 31

6:30 am

**SUNRISE SERIES: COLLEGE GROVE.** Let's take a walk through the military housing where the news of Pearl Harbor was first transmitted to the United States on this 1-hour **moderate**, fairly-flat walk, and then we'll amble around Chollas Lake. Optional breakfast follows. Meet at College Grove Way and Dearflower Rd. (second intersection north of College Grove Dr.). **Pat K.** (619) 469-6223.

10:00 am

**SHELTER ISLAND WALK & TALK BUNCH.** See January 3.

10:00 am

**MISSION BEACH NORTH & SOUTH.** See January 3.

10:15 am

**MORNING STROLL IN BALBOA PARK.** See January 3.

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### Walkabout's Spectacular VT Fall Foliage Trip Delights Despite Rainy Weather

A half dozen Walkabout "leaf peeper" enthusiasts stepped off the plane at Boston's Logan Airport late in September with high expectations for peak fall color in the backwoods of Vermont. They were not disappointed. Although Walkabout International's trip could not feature sunny weather, even through the grey skies and rain, the fall foliage was spectacular this year. "It was like driving through a canopy of trees with lights on," commented Dan Haslam, who led the trip in his home state of Vermont. "The yellows and reds simply shone like beacons on the dirt roads."

And the group encountered many dirt roads while looking at leaves. The group stayed in cottages overlooking Joe's Pond, named for a friendly Indian guide who helped military officers settle the Northeast Kingdom of VT. One of the highlights of the trip was a chartered boat ride around the 3 1/2 mile pond on one of the few sunny days of the trip. For some in the Walkabout group, this visit to VT was a first. For others, like Marvie Bowlin, it was her third experience in VT. "I just love coming here, and I could come back

again many times." During the day the group attended small town festivals, including foliage tours on school buses, walking tours, craft shows, historical museums and of course the home-cooked church dinners at the end of the day. In some towns, like tiny Groton, VT (population 500), every towns person is assigned to make pies, or cook potatoes, or squash and deliver their offering to the town hall to feed the nearly 800 people in four seatings. Walkabouters ate at the first seating at 4:30 pm, three hours after the town parade featuring just about everything from the backwoods including politicians, cows, tractors, school bands and cardboard floats. It was like a time warp.

In addition, Walkabout also offered tours to the Trapp Family Lodge in Stowe, VT, a drive-by of the smallest capitol building in the US in Montpelier, the original Ben & Jerry's ice cream plant, numerous cider presses, the Rock of Ages granite quarries and its showplace Hope Cemetery, the very odd Bread and Puppet Museum in Glover, Dog Mountain (and dog chapel) in St. Johnsbury, a winery, a hay ride to a maple sugaring operation in Cabot, the Cabot Creamery. Not so much walking got done on this trip because of the weather, but that didn't slow down appetites. We had a piano concert in Cabot, a harp concert in Peacham and an original story reading by group leader Dan Haslam at the Plainfield Library.

Watch for this tour to be repeated next year. It's one you don't want to miss, rain or shine, and it's one that can be repeated over and over to see a part of America where no one locks their doors, people are honest and friendly, and the pace is way slower than in busy California.



Waiting for dinner



Taking a break from the town bus tour in Peacham, VT at the Groton State Forest pond

## About Walkabout, San Diego's Premier Social Network Afoot

Walkabout is an all volunteer San Diego-based non-profit organization offering over 1000 free local walks each year along with parties, picnics, potlucks, holiday celebrations and other activities including national and international travel, all with a walking component. Established in 1977, Walkabout promotes healthy regular exercise, social camaraderie and discovering new places.



### Walkabout Newsletter Subscription/Supporter Form

You are the heart and "soles" of a unique, all-volunteer, nonprofit organization — that feels more like an extended family — as it raises walking far above a pedestrian pursuit.

We have no "members" or "dues", as such. However, we do have expenses, such as rent, utilities, insurance, office equipment and printing costs. WALKABOUT depends in part on your generous spirit to fund our yearly operating costs as we annually conduct over 1000 free walks in and around the San Diego area.

An important way to support WALKABOUT is through your thoughtful, tax deductible donations. WALKABOUT values you and your participation. If you appreciate the good value you receive from WALKABOUT, please consider one of the following levels of support below for individuals or families. Each category includes the monthly newsletter by mail for 12-months.

All levels below include subscriptions to the monthly newsletter containing all events for one year:

Basic Level (Newsletter Subscription) \$20

Tenderfoot \$25     Footprint \$100     Arch Supporter \$500

Twinkletoes \$50     Kindred Sole \$250     Big Foot \$1000     Other: \_\_\_\_\_

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Please notify office promptly of change of address or phone. Call 619-231-SHOE (7463)

Please contact me/us to discuss WALKABOUT's Charitable Gifts, Trusts and Memorials Program.

Please contact me/us to discuss ways I/we can donate some time to WALKABOUT

By donating your time to WALKABOUT — coming on walks, bringing friends, helping out at the Headquarters or at events — you sustain and spread the WALKABOUT Spirit! Your suggestions are welcome.

### Dan Haslam will lead more than a half dozen trips for Walkabout in 2013

A week-long trip to the Washington, DC area is planned for spring (May) with highlights including a tour of the Smithsonian Air and Space Museum near Dulles Airport (never done by Walkabout before), and a tour of the Frederick Douglass home museum in Anacostia. We will also visit New York City for a week (perhaps in September), probably commuting across the river from NJ to make the trip more affordable. An educational/cultural trip to Cuba is in the planning (no date set), and a trip to New Orleans in November is likely. In the early spring (April) we'll plan a trip to Charleston, SC and Savannah, GA, and the dogwood and other spring flowers should be blooming. In the early winter (Nov.- Dec.) we'll fly up the CA coast for a trip down Highway 1 along the northern CA coast and an opportunity to walk in redwood forests. Other possible trips include a fall trip to the Biltmore estate in Asheville, NC and the Blue Ridge mountains, a Cape Cod-Boston trip immediately after Labor Day, a fall foliage trip to the Northeast Kingdom in Vermont, and a summer camp week (July or August) at the Poland Springs Inn in Maine. If you are interested in any Walkabout trips for 2013, you should call the office and place your name, email address (or a friend's email address) and phone number on the interest list for that trip. We already have lists in place for most of these trips. Once the leader has additional information on the trips, you will receive that information on a priority basis. It's likely that most trips will fill from the interest list so that a further advertisement in SDFeets may not be necessary.



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### HELP WANTED

Newsletter Walks Coordinator/Word Processor. Requires assembling the walk descriptions as submitted, updating the calendar, and copying this information into a Microsoft Word format compatible with our publishing software. If interested, contact Fran Whiteman for further information. (619)271-7107. [franw13@yahoo.com](mailto:franw13@yahoo.com).

### SENSATIONAL SWITZERLAND IS FULL, WAIT-LIST ONLY

June 23 - July 7, 2013

**\$3195 (double-occupancy) / \$3690 (single occupancy)**



15 days / 14 nights in three-star hotels -- Montreux (3 nights), Liechtenstein (4 nights), Interlaken (4 nights) and Leukerbad (3 nights) -- with 14

breakfasts and 14 dinners. 15-day Swiss Pass and the services of Walkabout's own leader, Larry, who personally has conducted over a dozen walking tours of Switzerland. To get on the WAIT-LIST, contact Larry at [Larry@walkabout-int.org](mailto:Larry@walkabout-int.org) or 858.755.1751 (evenings or weekends).

### WALKABOUT TO APPEAR AT NEW DOWNTOWN LIBRARY

At its December meeting the Walkabout Board voted to purchase a \$150 engraved brick at the new downtown library. With additional contributions the brick may be upgraded to a more visible location, for example a \$500 brick in the trellis area, or a \$1000 brick in the lobby. An anonymous board member has agreed to match all contributions so that a \$1000 brick may be purchased. If you would like to make a contribution toward the brick, please mail your contribution to Walkabout-Int, 2650 Truxtun Rd., Suite 110, San Diego, CA 92106-6007. Mark "Brick Contribution" on your check or envelope. Offer deadline is Jan. 15, 2013.