



# San Diego Feets

Vol. 37, No. #10

WALKABOUT INTERNATIONAL is a non-profit educational group that promotes neighborhood walking in urban, suburban, and rural environments throughout the world. Walkabout publishes a monthly schedule of events; for one complimentary issue call the Walkabout office, located at 2650 Truxtun Road, Suite 110, San Diego, CA 92106-6007, (619) 231-SHOE(7463), FAX (619) 231-9246. Office hours: 10:00 am to 2:00 pm, Monday through Friday. Internet: [www.walkabout-int.org](http://www.walkabout-int.org), e-mail: [info@walkabout-int.org](mailto:info@walkabout-int.org)

## October 2014

### WEEKLY REPEATING WALKS

These walks repeat every week this month at the same location, day, and time.

#### MONDAYS

10:00 am

**CROWN POINT AREA BECKONS.** Start out your week with beautiful scenic views of Mission Bay and nearby homes as a guest leader takes the group on a **moderate to moderate-plus** flat walk for about 2 hours with a pause for coffee or yogurt. Take I-5 to Grand Ave. and go west to Lamont St., turn left on Lamont St., then right on Crown Point Dr. to meet at the west end of the parking lot by the park's southern end restrooms. To use public transport, take the trolley to Old Town and board the #9 bus at 9:10, get off at La Cima Dr. and walk 3 blocks east to the parking lot. Rain cancels. **Kathy L.** (858) 484-0349.

#### TUESDAYS

9:00 am

**SAN DIEGO RIVER PARK TRAIL.** Join us in Mission Valley for a **moderate** walk by the river along the north trail from the mall to Camino Del Este and returning via portions of the south and north trail for about 4 miles round-trip. All walk surfaces are paved and mostly flat with some inclines. Green trolley line and multiple bus routes stop at the Fashion Valley Transit Center or park at the transit center. Meet at north entrance of the footbridge (across from transit center) that crosses the river to a hotel. Rain cancels. **John N.** (619) 772-8855.

6:30 pm

**MISSION BAY SUNSETS.** Walk leaves promptly at 6:30. Rain (not mist) cancels. Enjoy the cooler evening air and beautiful views of Mission Bay! Join us for a flat but fairly fast-paced **moderate to moderate-plus** walk along the shores of Mission Bay. Take the I-5 and go west on Clairemont Dr. to meet at the former Visitors Information Center. **Teri E.** (858) 483-0512 or **Jill F.** (858) 292-4231.

#### WEDNESDAYS

4:00 pm \*\*\*NOTE NEW TIME AND PLACE\*\*\*

**WEDNESDAY WORKOUT.** Join us at Pioneer Park in Mission Hills next to Grant School at Washington Pl. and Randolph St. for a 1½ hour **moderate-plus** walk. We head in a different direction each week to explore Old Town, Hillcrest, Bankers Hill, or Mission Hills. Rain cancels. Come and have some fun! **Barbara N.** (619) 226-3024.

#### THURSDAYS

10:00 am

**MISSION BEACH NORTH & SOUTH.** Walk the beach or the bay and stop for coffee near the end of this **moderate-plus** or **moderate** flat walk. Meet at the Belmont Park ticket booth off Mission Blvd. To use public transport, ride the trolley to Old Town, take the #8 bus at 9:40 to Mission Blvd. arriving at 9:54, and walk across the street. Rain cancels. **Kathy L.** (858) 484-0349.

10:00 am

**SHELTER ISLAND WALK & TALK BUNCH.** **Sandra, Sally and Friends** will do a **casual+** walk from the Bali Hai Restaurant to the Friendship Bell and back on flat sidewalks (about 2.2 miles round trip, about 60-70 minutes including pit stop). Breathe delicious ocean air and enjoy dynamic bay and city views from ships to wildlife. You may stop at one of the many benches and rejoin us on the return leg. Meet at east end of the island to the right of the Bali Hai by the lamp post and hand rails, where we will stretch for a few minutes. If you're late, drive down the island and join us along the way. Take the #28 bus and walk approximately 3 blocks to the Bali Hai where there is ample free parking. Optional eats afterward. Rain cancels. Join us - just for the health of it! **Sally R.** (619) 222-3800.

#### Pace Yourself

Casual — 2-3 miles per hour  
Moderate — 3 miles per hour  
Moderate-plus — 3 ½ miles per hour  
Brisk — 4 miles per hour

## WEEKLY REPEATING WALKS (cont.)

### THURSDAYS

10:15 am

**MORNING STROLL IN BALBOA PARK.** Meet at the Senior Lounge across from the Museum of Photographic Arts to walk at a **casual** pace through beautiful Balboa Park for about 45 minutes. Terrain is flat and mostly paved. Stay after for optional coffee. For public transport, use the #7 bus. Rain cancels. **Mary T.** (619) 291-1349.

### FRIDAYS

6:00 pm

**MISSION HILLS MEANDER.** Come see the great views and picturesque homes and gardens of this old neighborhood on a 1-hour **casual** walk for about 2.5 miles on flat terrain. Meet at the coffee shop at 1920 Ft. Stockton Dr. From Washington St., go north on Goldfinch St. and west on Ft. Stockton Dr. Rain cancels. Wear white at night. **Pat P.** (619) 291-6162.

### SATURDAYS

9:00 am

**SAN DIEGO RIVER PARK TRAIL.** Join us in Mission Valley for a **moderate** walk by the river along the north trail from the mall to Camino Del Este and returning via portions of the south and north trail for about 4 miles round-trip. All walk surfaces are paved and mostly flat with some inclines. Green trolley line and multiple bus routes stop at the Fashion Valley Transit Center or park at the transit center. Meet at north entrance of the footbridge (across from transit center) that crosses the river to a hotel. Rain cancels. **John N.** (619) 772-8855.

6:15 pm

**SATURDAY NIGHT LIVE IN THE PARK.** Come join us for a walk through Balboa Park for 90 minutes at a **moderate** pace. Meet at the northeast corner of President's Way and Park Blvd. Rain cancels. **Carol W.** (619) 303-7942 or **Donna & Jerry** (619) 559-5650.

### SUNDAYS

8:15 am

**MERRY GO-ROUND.** Start from the carousel in Balboa Park and join us on one of the most scenic walks in San Diego. Our **moderate-plus** pace encompasses the harbor, downtown, Bankers Hill and bridges depending on size of group and mood. Allow 3 hours, which includes a coffee break. To use public transport, take the trolley to 3<sup>rd</sup> Ave. and C St. At 3<sup>rd</sup> Ave. and Broadway take the #7 bus at 7:42 or 7:48. Arrive at Zoo Pl. at 8:00 or 8:06. Meet **Rick** at the carousel at Park Blvd. and Zoo Pl. (858) 565-7212.

## HIKE WEDNESDAYS & SATURDAYS

Time: TBA

**WILDERNESS HIKE.** Details e-mailed a day or two before. **IMPORTANT HIKE INFO:** Park on the street in front of the Methodist Church, 2111 Camino del Rio South (west of Texas St.). Be prepared to drive yourself if there are no other carpoolers. Bring lunch, 2-3 quarts of water, sun and rain protection, and lug-soled shoes. **"First timers"** must call the leader. All participants must be in top condition, well prepared for trail conditions and will be accepted at the leader's discretion. Hikers must be able to keep pace with the group. Check <http://www.walkabout hikes.org> as weather or unusual conditions may cause the hike to be moved or canceled. If you have any questions, please contact the relevant hike leader as noted below.

Date	Contact Information
Oct 1	<b>Don:</b> <a href="mailto:dpiller@cox.net">dpiller@cox.net</a> or (760) 796-4007 (Bob Repking will lead)
Oct 4	<b>Bill:</b> (619) 206-5809 or <a href="mailto:wa4lrm@gmail.com">wa4lrm@gmail.com</a>
Oct 8	NO HIKE TODAY
Oct 11	<b>Bill:</b> (619) 206-5809 or <a href="mailto:wa4lrm@gmail.com">wa4lrm@gmail.com</a>
Oct 15	<b>Candy:</b> (619) 435-2894 or <a href="mailto:ccbeckwith146@yahoo.com">ccbeckwith146@yahoo.com</a>
Oct 18	<b>Don:</b> <a href="mailto:dpiller@cox.net">dpiller@cox.net</a> or (760) 796-4007 (Fall Potluck)
Oct 22	<b>Ron:</b> (619) 390-3033 or <a href="mailto:lucasronald@hotmail.com">lucasronald@hotmail.com</a>
Oct 25	<b>Candy:</b> (619) 435-2894 or <a href="mailto:ccbeckwith146@yahoo.com">ccbeckwith146@yahoo.com</a>
Oct 29	<b>Don:</b> <a href="mailto:dpiller@cox.net">dpiller@cox.net</a> or (760) 796-4007



### NEWSLETTER DEADLINE NOTICE

All walks must be submitted by the **10th** of the month before the month of the walk. None will be accepted after that date. For example, the April newsletter is published in March, so walks must be submitted by March 10th. You must e-mail your walks to [walks@walkabout-int.org](mailto:walks@walkabout-int.org). If you e-mail more than one walk, please leave extra space between each walk.



### THANKSGIVING

Come join our happy Walkabout family to celebrate Thanksgiving together at a fun new place. Please contact the Walkabout Office at (619) 231-7463 and leave your name and telephone number. We'll phone you to let you know the restaurant once chosen to enjoy this wonderful get-together. We have been asked to have the Event during the day and so be it. Leave the cooking and the mess to somebody else this year. Remember to call the Office.

# MORE GREAT WALKS THIS MONTH

## THURSDAY, OCTOBER 2

6:30 am

**SUNRISE SERIES: LA MESA OKTOBERFEST.** We will take a **moderate** walk to preview what preparations La Mesa is making for tomorrow's Oktoberfest and then admire the old homes including a former Walkabouters'. Optional inexpensive breakfast nearby. Meet at old train station at La Mesa Blvd. and Nebo or Spring St. **Pat K.** (619) 469-6223.

## FRIDAY, OCTOBER 3

10:00 am

**OKTOBERFEST COMES TO LA MESA.** Let's meet to find out what changes are planned for this year's La Mesa Oktoberfest. We will take a **casual** walk around the city and through the center to see the great costume store and all the other charming shops in the Village of La Mesa. Optional lunch follows at one of the many German choices, sandwich shops, or a nearby Mexican restaurant. Meet at the Senior Center of La Mesa Blvd., at University and Memorial Dr. Parking lot across the street by the ballpark. Rain cancels. **Pat K.** (619) 469-6223.

## SUNDAY, OCTOBER 5

7:15 am

**BREAKFAST SPECIAL DOWNTOWN.** Let's explore the harbor north or south with a flat, **moderate**, 1-hour walk to see what changes are going on downtown and along the harbor. We will start from Ruocco Park at the intersection of Harbor Dr. and Pacific Hwy. (across from former police station). Meters are **free** on Sundays. All trolleys go to Amtrak station and then a 15-minute walk 1 block west to Pacific Hwy. and 4 blocks south to Harbor Dr. gets you there. Optional breakfast follows. Rain cancels or postpones. **Pat's Pals** (619) 469-6223.

## MONDAY, OCTOBER 6

6:30 am

**SUNRISE SERIES: MISSION BAY.** Hopefully, our feathered friends will be on hand for this 1-hour walk on flat paved terrain **at your own pace** along Mission Bay, so you can test your legs or bring binoculars and slow down to enjoy nature. Take the I-5 to the Tecolote-Sea World Drive exit and proceed west past several lights. After the light at Friars Rd., watch for the next light, where you'll see the South Shores Boat Ramp sign on your right, but you will turn left onto the old road that parallels Sea World Dr. Bring money for an optional breakfast afterward. **John & Marilyn Bintz** (619) 840-5544.

## WEDNESDAY, OCTOBER 8

9:00 am

**MOUTH OF SAN DIEGO RIVER.** Join us for a **moderate** walk by the mouth of the river. We will start at the jetty separating the mouths of the San Diego River and Mission Bay and then walk along the river path for approximately 1 hour/3 mile round trip. Park just past the traffic circle at Hospitality Point Park at the end of Quivira Way (Thomas Guide pg. 1268). We will meet near the restrooms. Rain cancels. **John N.** (619) 772-8855.

10:00 am

**BALBOA PARK--6<sup>th</sup> AND JUNIPER.** Join **Robert and Friends** for 1-hour at a **casual** gait and stroll with the friendliest creatures on earth besides the squirrels. The terrain is half city streets and half parkland paths. Optional restaurant stop afterward. Parking is free on the park side of 6<sup>th</sup> Ave. near Juniper St. or on Balboa Dr. in the park. Watch for No Parking signs on some days. To use public transport, take the #3 bus north on 5<sup>th</sup> Ave. or south on 4<sup>th</sup> Ave., get off at Juniper St. at approximately 9:15 and walk east to 6<sup>th</sup> Ave. Rain cancels. **Robert B.** (858) 414-6181.

10:00 am

**WATERCOLOR SOCIETY'S INTERNATIONAL ART SHOW AND WALK AT LIBERTY STATION.** Meet **Marilyn B.** on the front steps of The Dance Place building (2650 Truxtun and Dewey Rds./same building as our office) for a 1 hour **moderate** walk around Liberty Station to see what's new. We will end up at The San Diego Watercolor Society Gallery for a docent tour of their International Art Show on display during the month of October. They will tell us the history of the Watercolor Society and about the different types art work and the artists. Optional lunch afterwards. Rain cancels walk but not art show tour. (619) 692-0536.

## THURSDAY, OCTOBER 9

6:30 am

**SUNRISE SERIES: BY THE RIVER AT LIBERTY STATION.** Join **Edie** for a **moderate**, 1-hour walk on mostly paved, level paths. We'll meet in the parking area near the river at the south end of Womble St. From the south, take I-5 to the Pacific Hwy. exit, veer to the left onto Barnett Ave., turn left into Liberty Station, turn left at Womble St. From the north or east, take the Rosecrans St. exit, proceed several miles until you see Vons on your left – Womble St. is the next left turn. Optional breakfast follows. (619) 222-4396.

## THE 4 CULTURES OF SWITZERLAND PRE-TRIP MEETING

SUNDAY, OCTOBER 12, 2:00 pm

Enjoy learning all the details of Walkabout's upcoming adventures afoot in the walker's paradise: Switzerland. Larry highlights the "feets" and treats to be experienced during this remarkable 13-day odyssey from July 14 to July 26, 2015 through the four distinctive cultures of Switzerland: German, French, Italian and Romansch. Join the fun at the Serra Mesa Library, 9005 Aero Drive, SD 92123, in the large Community Room. Questions: Call Larry at 858.755.1751 (Please, only evenings or weekends).

## SATURDAY, OCTOBER 11

7:15 am

**LATE BIRDS.** For those of us who can't get up in time for the Sunrise Series, **Anna T.** will lead a flat 1-hour walk **at your own pace** around Pacific Beach, followed by an optional breakfast. Take the #30 bus at 6:45 from Old Town, exit at Mission Blvd. Meet in front of Crystal Pier at the west end of Garnet Ave. Rain cancels. (619) 231-7463.

## SUNDAY, OCTOBER 12

7:15 am

**BREAKFAST SPECIAL IN BALBOA PARK.** The park is beautiful any time of the year with many paths to explore on this flat walk **at your own pace**. Eating and chatting afterward (Greek?) is optional but great fun. Meet at the carousel on Park Blvd. at Zoo Pl. **Pat's Pals** (619) 469-6223.

## MONDAY, OCTOBER 13

6:30 am

**SUNRISE SERIES: OCEAN BEACH.** We will take a **moderate** 3-mile walk visiting the pier to see the surfers and fishermen and then continuing in the Sunset Cliffs neighborhood. To reach our meeting place, take I-8 to the west end, turn left onto Sunset Cliffs Blvd., then turn right onto Newport Blvd. for a block and a half. Meet across the street from the old Strand Theater. Bring money for an optional breakfast. **Fusa** (619) 223-6947.

## TUESDAY, OCTOBER 14

3:00 pm

**MIDDLETOWN MANSIONS.** Delight in discovering a little-known part of old San Diego as we stroll past some 100-year-old mansions, including the block with "the Three Sisters," and revel in the spectacular views of the airport, North Island, and San Diego Bay. Meet at the corner of Hawk and Thorn Sts. for a 1-1/2 hour **moderate** walk with several hills. This area is little known because it's difficult to find. Directions: take Reynard Way and turn west onto Redwood St. and continue onto Falcon St. Then turn left onto Thorn St. and continue two blocks to Hawk St. Rain cancels. **Evelyn K.** (619) 461-6095.

## WEDNESDAY, OCTOBER 15

9:00 am

**UNIVERSITY OF SAN DIEGO.** Join us for a **moderate** but challenging walk that includes the hills and staircases on the campus of the University of San Diego. We will start at the Moreno/Linda Vista Trolley Station and walk to the USD campus, where we will enjoy the varied terrain and views. After a walk around (and up and down) the campus we will return to the trolley station, approximately 5 miles round-trip. Green line to Moreno/Linda Vista Trolley Station or 44 bus route. Parking is available at trolley station off of Friars Rd. Meet on north side of trolley platform. Rain cancels. **John N.** (619) 772-8855.

## THURSDAY, OCTOBER 16

6:30 am

**SUNRISE SERIES: TECOLOTE CANYON.** Let's walk in beautiful Tecolote Canyon on a flat comfortable dirt road as we see what the season has to offer on this **casual to moderate** 1-hour walk. Take I-5 to Tecolote Rd. exit, go east on Tecolote Rd. all the way into the canyon to the parking lot and visitor center at the end of the road. Bring money for an optional breakfast afterward. **Winnie** (858) 278-4003.

## FRIDAY, OCTOBER 17

10:00 am

**EXPLORE UTC AREA.** Let's walk at a **moderate** pace for 1-1/2 hours in the beautiful Golden Triangle area of San Diego. We will meet at the south entrance to Macy's in Westfield Shopping Town UTC (on the southwest corner of the mall, near the corner of Genesee Ave. and Nobel Dr.) Optional lunch afterward. **Beverly D.** (858) 229-0741.

## SUNDAY, OCTOBER 19

7:15 am

**BREAKFAST SPECIAL ALONG EAST MISSION BAY.** Let's take a flat walk **at your own speed** to see the birds, boats, and views. Optional breakfast and chatting follow. Meet on Mission Bay Dr. by the restrooms just south of Clairemont Dr. Rain cancels or postpones. **Pat's Pals** (619) 469-6223.

## MONDAY, OCTOBER 20

6:30 am

**SUNRISE SERIES: LAKE MURRAY.** Walk **at your own pace** for 1 hour on a mostly flat path around the lake. Drive through the main entrance to Lake Murray at the end of Kiowa Dr. off Lake Murray Blvd. Meet in the main parking lot on the left as you approach the lake. Optional breakfast follows. **Betty** (858) 248-3782.

## WEDNESDAY, OCTOBER 22

9:00 am

**LET'S CLIMB THE HILL.** Join us for a **moderate** but challenging walk that includes the "Bachman Hill". We will start at the Fashion Valley Transit Center and walk to (and up) Bachman Pl. After a walk around part of the Hillcrest neighborhood we will return down Bachman Hill to the transit center, approximately 4 miles round-trip. Green trolley line and multiple bus routes stop at the Fashion Valley Transit Center or park at the transit center. Meet at north entrance of the footbridge (across from transit center) that crosses the river to a hotel. Rain cancels. **John N.** (619) 772-8855.

10:00 am

**CORONADO - BAY AND OCEAN.** Robert and Friends will do a **casual**, 1-hour flat walk to view the bay and the remodeled civic buildings of Coronado, then cross over to the ocean side and walk past the high-rise condominiums south of the Hotel Del. We will meet in front of the Boat House Restaurant on Strand Way. Take Orange Ave. south past the Hotel Del and the Boat House restaurant to the first traffic light, turn left, then left again onto Strand Way. There is free parking in the Boat House parking lot or on Strand Way. For public transport, take or transfer to the #901 bus ("Iris Trolley") from the 12th and Imperial Transit Center and get off just past the Hotel Del before 9:45 am, proceed across Orange Ave. and down the hill to the Boat House Restaurant meeting place. As an option after our walk, we can visit the History of Navy SEALs in Coronado exhibit at the Museum of History and Art (admission \$5 or \$3 for seniors) on Orange Ave. Rain cancels. **Robert B.** (858) 414-6181.

## THURSDAY, OCTOBER 23

6:30 am

**SUNRISE SERIES: NORTH PARK/NORMAL HEIGHTS.** We'll meet at the corner of Kansas St. and El Cajon Blvd to explore these eclectic neighborhoods. Park behind the restaurant at 2900 El Cajon Blvd. for this **casual** to **moderate** 1-hour walk on flat terrain. Bring money for an optional breakfast afterward. From the south, take I-805 to the El Cajon Blvd. exit and turn left. From the north, turn right onto El Cajon Blvd. until you come to Kansas St. (about ½ mile). **Frances** (619) 479-3962.

## SATURDAY, OCTOBER 25

7:15 am

**LATE BIRDS.** For those of us who can't get up in time for the Sunrise Series, **Fusa and Friends** will lead a flat 1-hour walk **at your own pace** around Shelter Island, followed by an optional breakfast. Meet in the parking lot at Anchorage Ln. and Cañon St. Rain cancels. (619) 223-6947.

## SUNDAY, OCTOBER 26

7:15 am

**BREAKFAST SPECIAL IN PACIFIC BEACH.** Before the crowds arrive, walking in Pacific Beach can be delightful. We'll walk along the ocean admiring the waves on a flat walk **at your own speed** and then return by the same route. Meet at the west end of Garnet Ave. by Crystal Pier. From Old Town Transit Center, take the #8 bus at 6:30. Rain cancels or postpones. Optional breakfast follows, perhaps overlooking the ocean. **Pat's Pals** (619) 469-6223.

9:15 am

**CAVORTING AROUND CORONADO.** Larry leaves his North County comfort zone to visit this cozy coastal community and wander by grand architectural gems, the Hotel Del, the birthplace of the Wizard of Oz, some strands of sand, and spectacular views of downtown San Diego on a 3-hour **moderate-plus** prance over flat terrain. Meet in front of the Coronado Library at 640 Orange Ave. near the corner of 6th St. (858) 755-1751 (evenings and weekends).

## MONDAY, OCTOBER 27

6:30 am

**SUNRISE SERIES: CORONADO.** Let's take a flat, **moderate** paced walk through beautiful Coronado with stops to admire the shops, homes, gardens, Hotel Del Coronado and of course the beach. Meet at the west side of 10th St. and Orange Ave. with optional breakfast afterward. **Connie** (619) 477-8628.

## TUESDAY, OCTOBER 28

2:00 pm

**SILVER STRAND STROLL.** Meet at Coronado Playhouse on Strand Way across from Coronado Shores where bus 901 stops. We'll take a **casual** walk to enjoy the views of the bay, ships, and the park. **Sharon N.** (619) 298-4340.

## THURSDAY, OCTOBER 30

6:30 am

**SUNRISE SERIES: CLAIREMONT.** Meet at Clairemont Dr. and Rappahannock Ave. by the CCSA Building as we explore for 1 hour the almost finished area with new landscaping, etc. As usual there will be 2 groups, **casual** and **moderate** paced. Watch the weather and dress accordingly. Bring money for optional breakfast afterward. **Verna** (619) 276-3055.

## FRIDAY, OCTOBER 31

6:45 pm

**HALLOWEEN SPOOKTACULAR.** Join us on our 3rd annual walk to see a clever corner of University Heights where the neighbors pitch in for a one night extravaganza: cemetery, fire-breathing dragon, Oz, Frankenstein, etc. Costumes are optional and so is trick-or-treating on this **casual** walk. We'll leave from Trolley Barn Park, at Adams Ave. and Florida St. (bus #11). **Sharon N.** (619) 298-4340.

## **ANNUAL CHRISTMAS BRUNCH & GIFT EXCHANGE**

**Thursday, December 25, 2014 at Broken Yolk**

**1851 Garnet Ave., Pacific Beach**

Walk begins at 7:45 am from the corner of Lamont St. and Garnet Ave., with a buffet at 8:30 am. Mail your check for \$12.00, which includes everything – tax, tip and coffee, tea or milk, to Walkabout Int'l, 2650 Truxtun Rd., Suite 110, San Diego, CA 92106. Last year we got rave reviews on the buffet. Bring a gift marked (Male), (Female) or (Generic) with a value of under \$10.00. No fruit cakes PLEASE. We really had some nice gifts last year and the rules are you cannot take someone's gift away from them. Call Rita with any questions at (619) 266-2555.

## **FEATURED TRIPS**

### **GRIFFITH OBSERVATORY INCLUDING PLANETARIUM FOR ONLY \$45.00**

**THURSDAY, OCTOBER 9**

Rita & Marilyn B. are offering a wonderful deal in which "Centered in the Universe", a live presentation will be in the planetarium as part of the package at the observatory. We shall not only view exterior exhibits, but also see Wilder Hall of the Eye, Ahmanson Hall of the Sky, the Central Rotunda, Cosmic Connection and Gunther Depths of Space. Your ticket includes the sensational Samuel Oschin Planetarium, which seats 285 people featuring state of the art tech in an immersive environment designed to fabricate a real-looking night sky that is both incredible and awe inspiring. Note this is a first of a kind anywhere, using a Star Projector and a Laser Projector for color. If anyone wants to bring children along, we ask you to invite minimum age 13 and older. The trip includes a 50 passenger bus, driver gratuity, planetarium ticket, and water with snacks. Lunch is not included, however your choices in the café range from sandwiches, soups, salads or a hot meal from \$8 to \$10. The Observatory does not open until noon. We hope to be back in San Diego between 6:30 and 7:00 pm.

Please send a check for \$45.00 per person (no discount for youth) to Walkabout Int'l, 2650 Truxtun Rd., Suite 110, San Diego, CA 92106-6007 with a self-addressed envelope with a stamp for us to mail your itinerary. Include your telephone number in case we need to contact you and indicate your pickup preference at our office in San Diego or if you prefer North County we shall stop at La Costa off of I-5. There will be no refunds unless there is a waiting list. If you have any questions, please call Rita at (619) 266-2555.

### **EXOTIC GARDENS IN FALLBROOK & MUSEUM OF MAKING MUSIC**

**SATURDAY, NOVEMBER 8**

Join Rita and Marilyn B. as we visit the "Grand Tradition Estate & Gardens" in Fallbrook. Once available for

viewing only during private events, this lush botanical reserve is now open year-round as a public garden. As you journey along the winding pathways, you will be transported to a veritable Shangri-La of thematic gardens –from Victorian to Mediterranean to tropical. Experience 15 acres of densely planted gardens, profuse with exotic floral scents, sparkling waterfalls and award-winning displays of colorful botanicals. Escape to this secret garden paradise. We shall arrive at 10:30 am and walk for one hour. We shall take our bus to Carlsbad for a lunch break on your own. At 2:00 pm we are expected at the Museum of Making Music located in Carlsbad for a one-hour docent lead tour. Three years ago Walkabout had a tour of the Museum and it was highly successful. Expect to be back before 5:00 pm. The trip includes a 29 passenger bus with a bathroom and all entrance fees.

Please send a \$47.00 check to Walkabout Int'l, 2650 Truxtun Rd., Suite 110, San Diego, CA 92106-6007 with a stamped, self-addressed envelope for us to mail your itinerary. Include your telephone number in case we need to contact you and indicate your pickup preference at our office in San Diego or North County Park & Ride off Hwy 15 at Mercy Road. There will be no refunds unless there is a waiting list. If you have any questions, please call Rita at (619) 266-2555.

### **SPACE SHUTTLE ENDEAVOUR & IMAX**

**SATURDAY, DECEMBER 13**

**COST: \$49.00 or POMPEII PKG \$65.00**

Rita and Walter invite you to the Science Center in Exposition Park, Los Angeles to see the Endeavour firsthand. Included in the package is the IMAX film. We shall depart from San Diego at 7:00 am and take I-5 to La Costa to pick up North County passengers. Since our 50 passenger bus has a restroom, we shall drive directly to the Science Center for a 10:00 am appointment at the IMAX. We have been told that a specific IMAX film has not been scheduled at this time. At 11:30 am you have a lunch break on your own. At 1:00 pm our group will enter the Endeavour Exhibit located in the Space Pavilion. Bring a camera. At 2:00 pm we have an appointment for the POMPEII Exhibit for those people who paid the additional \$16.00 for the trip. The Exhibit takes at least one hour to see and it will be ending in January, 2015 so this is your last chance to see it. At 3:30 pm we shall return to San Diego and hope to arrive by 6:30 pm.

Please mail \$49.00 for Endeavour & IMAX or \$65.00 for Endeavour, IMAX & POMPEII to Walkabout Int'l, 2650 Truxtun Rd., Suite 110, San Diego, CA 92106 and note on the check "Space Shuttle", also include your phone number and preferred pickup location, either the Walkabout office in San Diego or La Costa off of I-5 for North County people. Please enclose a self-addressed envelope with a stamp for us to mail your itinerary. Note: we sold out our first trip last year and we hope to fill the bus this year. The price includes a 50 passenger bus, driver tip, IMAX ticket and the most delicious snacks and water. Our price is lower than our competitors. If you

have any questions please call Rita at (619) 266-2555. The Walkabout Office will also answer any of your questions. We hope to see you aboard.

## **RIVERSIDE VICTORIAN HOME TOUR AND CITY HOLIDAY TOUR**

**Saturday, December 20, Noon – 8 pm**

Treat yourself to a memorable excursion in Riverside. It's a festive time of year and our community goes all out to share this special season. The city has a unique character with over 100 landmarks designated by the Cultural Heritage Board. Our group will see many of these landmarks during a narrated city tour. On the drive down Mission Inn Avenue, we'll see examples of fine architecture, places where historic events occurred, and a national landmark. Learn how Riverside became the richest city in the U.S. at the turn of the 20th century and see the theater where "Gone with the Wind" was secretly previewed before it was shown in Atlanta. Guests will enjoy a view of Riverside's beloved Mt. Rubidoux, also known as Easter Mountain, and find out how the community recently banded together to save the cross at the top. Guests will drive through a beautiful city park designed by Olmsted and Olmsted in 1911; recently designated one of America's Great Public Places. The tour highlights several prominent historic areas, vintage neighborhoods, and includes stops at two charming, decorated Victorian homes.

Tours of the Town specialized service includes a 29-passenger bus with a bathroom and an experienced guide who will board and entertain passengers, regaling them with anecdotes and local history. Enjoy this tour, rain or shine. Physical requirement: walking up and down steps.

Please send a check for \$45.00 per person for only a round-trip bus ride to Riverside or \$65.00 per person for the bus ride plus the tour of Victorian homes and city tour to Walkabout Int'l, 2650 Truxtun Rd., Suite 110, San Diego, CA 92106-6007. Enclose a stamped, self-addressed envelope for your itinerary and include your telephone number and specify your pickup location at either the Walkabout Office San Diego or North County Park & Ride off I-15 at Mercy Road. There will be NO REFUNDS unless there is a waiting list. If you have any questions, please call Rita at (619) 266-2555.



## **WALKABOUT TEAMS UP WITH FRIENDLY EXCURSIONS FOR TWO TRIPS**

Walkabout International will partner with Friendly Excursions of Sunland, CA, for two trips to Arizona over the next 14 months. In March 2015 Friendly will produce a 4-night, 5-day trip for baseball enthusiasts for spring training in Phoenix (see trip announcement, this issue). In November 2015 Walkabout will produce a slightly longer excursion to Tucson, AZ.

Each trip will be marketed to both organizations, and each organization will benefit from members' sign ups. For Walkabout, it may mean the ability to fill a deluxe motorcoach with enough travelers to make the trip financially viable. For Friendly, it opens the door to providing a different experience with the provision of daily walking tours, not always present on its tours.

Prior to this century, Walkabout had a history of using motorcoaches exclusively for its trips. In October 1994, for example, nearly 50 Walkabouts flew to Tucson for a 10-day trip and used a motorcoach for its excursions. At the present time, there are not enough Walkabout travelers to fill a bus, so van trips have become the norm. More trips are offered each year, but mobility, luggage and seating issues have made even van trips less popular.

Friendly Excursions has created the itinerary for the spring training trip and made all the hotel, bus, attraction and meal reservations. Walkabout will receive a share of each seat sold to a Walkabout who signs up for this trip. Friendly will oversee the trip. If a sufficient number of Walkabouts sign up for the trip, then Walkabout will send a tour escort who will provide our customary walks throughout the day. For the November 2015 trip to Tucson, Walkabout will produce the trip with some assistance from Friendly, and daily walks will be provided as part of the itinerary.

## **SPRING BASEBALL TRAINING IN PHOENIX, 3/22-3/26, 2015 (5 DAYS, 4 NIGHTS)**

**\$999 per person, double occ./ \$1,299 single occ.  
SIGN UP NOW!**

Join up with a busload of baseball enthusiasts for a 5-day, 4-night trip to the Phoenix area to enjoy spring training. The tour, planned by Friendly Excursions of Sunland, CA, includes breakfast daily and two dinners (one of which has a "cowboy" theme), a city tour of Phoenix, a visit to the state capitol, a tour to the historic mining town of Globe, a visit to the renowned Heard Museum and a guided tour of Frank Lloyd Wright's Taliesin West. There will be two baseball training season games included, one of which will be your favorite team. Teams scheduled are SF Giants, Oakland As, Anaheim and LA Angels, the LA Dodgers and the SD Padres. If a sufficient number of Walkabouts sign up for this tour, then a Walkabout tour leader will be included to provide early bird and other walking tours throughout the trip. Otherwise, there will be a professional tour escort available for the whole trip. If you'd like to go, phone Friendly Excursions at (818) 353-7726 to arrange to make a \$200 payment, which is due now. Final payment is due by 2/2/2015 and last day to cancel is 2/1/15. For those who prefer not to travel by deluxe motorcoach, flights from SAN to PHX can be arranged at additional cost. Friendly Excursions is the producer of this trip, although any Walkabouts who sign up will benefit our organization as well. All inquiries about this trip should be directed to Friendly Excursions, not to our office.



## THE 4 CULTURES OF SWITZERLAND

July 14 – 26, 2015



Once again, Walkabout heads to the land overflowing with the most spectacular scenery accessible by foot – Switzerland. This time we immerse ourselves into the four distinctive cultures and flavors of Switzerland: German, French, Italian and the little-known Romansch. Savor sauntering along cobblestone streets of medieval lakeside villages with French flair and dating back to the 6th century as well as through the remote reaches of the untamed Neuchâtel mountains; tucked away in the quiet corners of the elusive Romansch culture, view the stunning and scintillating alpine panoramas around glamorous St. Moritz; prance through the heart of the festive Italian Riviera region along the gentle shores of Lago Maggiore with the nearby – yet secluded – lush valleys adorned with velvet green meadows and streams; and surrounded by the highest and most dramatic panoply of peaks in all of Switzerland, venture amid the glaciers through the area known as “The Pearl of the Alps” in the car-free village of Saas-Fee with its distinctively German flavor and just around the corner from the mesmerizing Matterhorn.

Alluring lakes. Alpine splendor. Pastoral pathways. Tantalizing cuisine. Experience 13 days / 12 nights of ecstasy for the walking enthusiast with 12 bountiful breakfasts and 12 sumptuous dinners in three- and four-star accommodations with three nights each in Neuchâtel, Celerina, Locarno and Saas-Fee; a Swiss Pass for virtually unlimited daily transport in Switzerland on the comfortable, convenient and efficient Swiss transportation network of scenic trains, busses, boats and mountain conveyances; free admission to hundreds of museums; and a wealth of walks conducted by Walkabout’s own leader, Larry, who has guided over a dozen walking tours of Switzerland and has been praised for his personal, in-depth, behind-the-scenes approach to touring by celebrated travel gurus, Arthur Frommer and Rick Steves.

The land-only price is \$3,250 per person for double-occupancy with a limited number of single rooms available for the supplement of \$480, based on a group size of at least 12 plus leaders. To confirm one of the cherished spots, send a nonrefundable deposit of \$500 to Walkabout, 2650 Truxtun Road, Suite 110, San Diego

92106-6007 with the notation “The 4 Cultures of Switzerland” on the check along with your name, address, phone number and email address.

Questions? Call Larry at 858.755.1751 (only evenings and weekends, please!) Better yet, plan to attend our first pre-trip meeting 2:00 pm on Sunday, October 12 at the Serra Mesa Public Library at 9005 Aero Drive, San Diego 92123 in the large Community Room just inside the entrance to the left to uncover the highlights of our extraordinary adventures afoot in The 4 Cultures of Switzerland.

## BOSTON-BOUND WALKABOUTERS HIT FALL HEAT-WAVE

Just when summer was supposed to be over on the east coast, 11 Walkabouts endured 3 days of 90+ degree heat while slogging around Boston on a weeklong post-Labor Day walking tour. During the summer there were fewer such days than normal, but September brought in a wave of sticky humidity. Nothing, however, could diminish the walking spirits of the group, which used weekly “T” transit passes and CityPasses to visit the top tourist destinations in Boston. The penguin exhibit at the New England Aquarium was a hit, as was Boston’s Museum of Science. “I liked the historic feeling you get on the Freedom Trail,” Walkabout Marianne Goldberg observed, “and I liked that we did it on the first day, because it really sets the stage for the trip.” The Freedom Trail is a 2.5 mile painted or embedded red sidewalk “stripe” which guides walkers past such attractions as Paul Revere House, Old North Church and Faneuil Hall. The group did the complete trail over a period of days. The tour included a walk at Harvard Yard (where the mercury hit 92 degrees). Travelers enjoyed tasty group meals, including a BBQ dinner, a luncheon at an 1820’s pub in Cambridge, and even breakfast out in their home city of Braintree.

A day trip on a fast ferry to Salem and the witch attractions delighted everyone, and the group enjoyed a half day at the JFK Presidential Library and a bus tour of the Adams presidency attractions in Quincy Center. The group also walked through Boston Public Gardens and the Common, rode the antique swan boats, visited the Boston Public Library, Prudential Center observation floor (50 stories up), Beacon Hill, the old State House, Quincy Market, Science Museum, and Museum of Fine Arts. Many of the group attended an historical lecture on period New England furniture at the Old South Meeting House in downtown Boston. “We’re resting now,” groaned co-leader Carolyn Eckhart while she dozed at the airport waiting for the flight back to San Diego. “You [leader Dan Haslam] wore us out.” Trip travelers included Marianne Goldberg from Long Beach, Eileen Hancox from North Carolina, Carol Bagguley (Escondido), and San Diegans Eileen Frame, Carol Davis, Beverly Stebbins, Charlotte Sedgwick, John Hoff, Carolyn Eckhart and Barbara Miller.



## OCTOBER 2014 WALKS AT A GLANCE

**Bold** walk start times are those that repeat every week at the same location, day, and time.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
			TBA Hike  <b>4 pm</b> Wednesday Workout	6:30 am Sunrise: La Mesa  <b>10 am</b> Shelter Island <b>10 am</b> Mission Beach  <b>10:15 am</b> Balboa Park	10 am La Mesa Oktoberfest  <b>6 pm</b> Mission Hills Meander	TBA Hike  <b>9 am</b> SD River  <b>6:15 pm</b> Sat Night Live
<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>
7:15 am Breakfast Spcl: Downtown  <b>8:15 am</b> Merry Go-Round	6:30 am Sunrise: Mission Bay  <b>10 am</b> Crown Point Area Beckons	<b>9 am</b> SD River  <b>6:30 pm</b> Mission Bay Sunsets	No Hike Today  9 am Mouth of San Diego River  10 am Balboa Park  10am Watercolors at Liberty Station  <b>4 pm</b> Wednesday Workout	6:30 am Sunrise: Liberty Station  <b>10 am</b> Shelter Island <b>10 am</b> Mission Beach  <b>10:15 am</b> Balboa Park	<b>6 pm</b> Mission Hills Meander	TBA Hike  7:15 am Late Birds  <b>9 am</b> SD River  <b>6:15 pm</b> Sat Night Live
<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>	<b>16</b>	<b>17</b>	<b>18</b>
7:15 am Breakfast Spcl: Balboa Park  <b>8:15 am</b> Merry Go-Round	6:30 am Sunrise: Ocean Beach  <b>10 am</b> Crown Point Area Beckons	<b>9 am</b> SD River  3 pm Middletown Mansions  <b>6:30 pm</b> Mission Bay Sunsets	TBA Hike  9 am USD  <b>4 pm</b> Wednesday Workout	6:30 am Sunrise: Tecolote Canyon  <b>10 am</b> Shelter Island <b>10 am</b> Mission Beach  <b>10:15 am</b> Balboa Park	10 am Explore UTC area  <b>6 pm</b> Mission Hills Meander	TBA Hike; Potluck  <b>9 am</b> SD River  <b>6:15 pm</b> Sat Night Live
<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>	<b>23</b>	<b>24</b>	<b>25</b>
7:15 am Breakfast Spcl: E. Mission Bay  <b>8:15 am</b> Merry Go Round	6:30 am Sunrise: Lake Murray  <b>10 am</b> Crown Point Area Beckons	<b>9 am</b> SD River  <b>6:30 pm</b> Mission Bay Sunsets	TBA Hike  9 am Let's Climb the Hill  10 am Coronado Bay and Ocean  <b>4 pm</b> Wednesday Workout	6:30 am Sunrise: North Park  <b>10 am</b> Shelter Island <b>10 am</b> Mission Beach  <b>10:15 am</b> Balboa Park	<b>6 pm</b> Mission Hills Meander	TBA Hike  7:15 am Late Birds  <b>9 am</b> SD River  <b>6:15 pm</b> Sat Night Live
<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>	<b>30</b>	<b>31</b>	
7:15 am Breakfast Spcl: Pacific Beach  <b>8:15 am</b> Merry Go-Round  9:15 am Cavort Coronado	6:30 am Sunrise: Coronado  <b>10 am</b> Crown Point Area Beckons	<b>9 am</b> SD River  2 pm Silver Strand Stroll  <b>6:30 pm</b> Mission Bay Sunsets	TBA Hike  <b>4 pm</b> Wednesday Workout	6:30 am Sunrise: Clairemont  <b>10 am</b> Shelter Island <b>10 am</b> Mission Beach  <b>10:15 am</b> Balboa Park	<b>6 pm</b> Mission Hills Meander  6:45 pm Halloween Spooktacular	

## UPCOMING WALKS, EVENTS & TRIPS

Please call our office (619) 231-7463 to put your name on the interest list for any of the following.

### Day Trips

Griffith Park Observatory	October 9
Fallbrook Estates & Gardens and Making Music Museum	November 8
Endeavor Shuttle	December 13
Riverside City Holiday Tour	December 20
Indio Date Festival	February 19, 2015
Palm Springs Tramway	Spring 2015
Ramona Pageant	April 25, 2015
Lake Arrowhead	September 2015
Huntington Library & Gardens	TBD
Joshua Tree National Park	TBD

### Overnight Trips

Seattle/San Juan Islands	October 29 – Nov 5
San Antonio/Austin, TX	December 2 - 9
The 4 Cultures of Switzerland	July 14 – 26, 2015
Las Vegas/ Calico Ghost Town	September 2015
Beautiful Boise	October 2015
Cuba	TBD

### Events

Annual Meeting, Auction, Potluck Picnic & Walk	October 25
Thanksgiving Group Dinner	November 27
Annual Volunteer's Appreciation Party	December 19
Christmas Brunch	December 25
Annual Walk Leader's Appreciation Luncheon	January 27, 2015



## VOLUNTEER!

### WALK LEADERS NEEDED

We are recruiting walk leaders for the suggested walks/events below. If interested, please call the office (619) 231-7463. Receive help with write-up, etc. And, please send in YOUR ideas!!

- Balboa Park w/ranger tour
- Coaster trip to Oceanside Pier/Cedros shopping
- Docent led tours of new central library
- Free Tuesdays at museums in Balboa Park
- Gem Institute of America/Carlsbad/ docent tour
- I Love A Clean San Diego beach cleanup
- Thanksgiving Dinner at restaurant
- New Year's Eve walk

### BOARD SEEKS YOUR HELP

We need office volunteers and new board members. If you are interested in any of our volunteer opportunities, please call the office (619) 231-7463.

## WALKABOUT BOARD MEETING

Friday, October 17 at 11:30 am

The monthly meeting will be held at Serra Mesa-Kearny Mesa Branch Library, Sudberry Room, 9005 Aero Drive, San Diego, CA 92123



## BOARD MEMBERS

**President** (858) 571-7733  
Robert Buehler President@walkabout-int.org

**1st Vice President**  
Vacant

**2nd Vice President** (619)249-2446  
Dan Haslam danhaslam@walkabout-int.org

**3rd Vice President** (619) 222-3447  
Stan Follis Stanley@walkabout-int.org

**Recording Secretary** (619) 231-7463  
Donna Farris secretary@walkabout-int.org

**Treasurer** (619) 266-2555  
Rita Balliot treasurer@walkabout-int.org

### Directors

Marilyn Buckley (619) 231-7463  
pr@walkabout-int.org

Larry Forman (858) 755-1751  
larry@walkabout-int.org

John Nugent (619) 231-7463

Norman Vigeant (619) 231-7463  
ngfrenchy@hotmail.com

Bruce Herms Emeritus

Dick Hiatt Emeritus

## JOIN US ON MEETUP!

[www.meetup.com/Walkabout-International](http://www.meetup.com/Walkabout-International)



### OFFICE STAFF

Donna Farris, Marilyn Buckley, Eileen Frame, Susan Goodrich, Grace Greenalch, Pat Peterson, Charlotte Sedgwick

### NEWSLETTER STAFF

Rita Balliot, Stan Follis, Dan Haslam, Ann Leever, Lorraine Marshall, Kim Mills, Fran Whiteman

### MAILING CREW

Pat Peterson (Captain), Alice Berwert, Julie McKane, Barbara Miller, Sharon Nelson, Joanne Paul, Gwen Phelps, Fusa Shimizu, Beverly Stebbins, Judy Vandruff

## ABOUT WALKABOUT, SAN DIEGO'S PREMIER SOCIAL NETWORK AFOOT

Walkabout is an all volunteer San Diego-based non-profit organization offering over 1,000 free local walks each year along with parties, picnics, potlucks, holiday celebrations and other activities including national and international travel, all with a walking component. Established in 1977, Walkabout promotes healthy regular exercise, social camaraderie and discovering new places.

### Walkabout Newsletter Subscription/Supporter Form

You are the heart and "soles" of an all-volunteer, nonprofit organization that raises walking far above a pedestrian pursuit. WALKABOUT depends in large part on your generous spirit to fund our yearly operating costs through your thoughtful, tax deductible donations. If you appreciate the value you receive from WALKABOUT, please contribute. All levels of support include a one-year subscription to our monthly newsletter.

Basic Level \$20       Tenderfoot \$25       Footprint \$100       Arch Supporter \$500  
 Twinkle Toes \$50       Kindred Sole \$250       Big Foot \$1000      Shoe Fund amount \$ \_\_\_\_\_

Circle RENEW or NEW Subscriber/Supporter...How did you hear about us? \_\_\_\_\_

Please mail completed form (we do not share information): 2650 Truxtun Rd., Suite 110, San Diego, CA 92106-6007

NAME \_\_\_\_\_ DATE \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP+4 \_\_\_\_\_ - \_\_\_\_\_

PRIMARY PHONE ( ) \_\_\_\_\_ OTHER PHONE ( ) \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_

PDF ALSO (available only if support greater than Basic Level)

PDF ONLY (fully tax deductible, eco-friendly, and helps us keep costs down)

Call 619-231-SHOE (7463) to notify office promptly of any changes to your information; or to discuss WALKABOUT's charitable gifts, trusts, and memorials program; or to find out how you can donate some time to WALKABOUT. By coming on walks, bringing friends, helping out at the headquarters or at events - you sustain and spread the WALKABOUT spirit!

Walkabout is offering a buy-one, get-one-free subscription deal when you contribute at the \$25 level or above. Simply provide information for someone who has never had their own subscription and might like to subscribe:

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP+4 \_\_\_\_\_ - \_\_\_\_\_

PRIMARY PHONE ( ) \_\_\_\_\_ OTHER PHONE ( ) \_\_\_\_\_

EMAIL ADDRESS \_\_\_\_\_  PDF ONLY

### WHAT IS THE SHOE FUND?

Forrest Warren, a former S.D. Union reporter and columnist started the shoe fund in the 1930s to assist children who needed shoes in the depression era. The Ninth District PTA has been administering the Fund for more than 75 years. Vouchers for shoes are distributed through school nurses who fax the PTA when they have identified a student in need of shoes. Walkabout started many years ago through our Audrey Davis to request anybody in Walkabout to add a donation to their subscription renewal. Any monies received were mailed to the S.D. Union. This has been very successful until 2008, when we stopped.

We have decided to start again this year. We feel it is well worth asking our subscribers for any donation they wish to make. We thank you in advance for a very worthy cause. When you fill out your subscription form please state the amount of money you wish to add to your renewal check.



2650 Truxtun Rd., Suite 110  
San Diego, CA 92106-6007  
(619) 231-7463  
<http://www.walkabout-int.org>  
RETURN SERVICE REQUESTED

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### LABEL CODE REMINDER

Please check the expiration date on your label to renew beforehand. We don't want you to miss an issue!

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## ANNUAL MEETING/AUCTION/PICNIC

**Saturday, October 25, 11 am to 2 pm**

Mark your calendars now for Walkabout International's annual potluck picnic and auction to be held on Saturday, October 25 from 11 am to 2 pm at the East Mission Bay Park (same location as last year). We need each person to bring three things:

- 1) Contributions for the auction
- 2) Food to share for the potluck (usually 30+ attendees)
- 3) your checkbook or cash to pay for someone else's former treasure at the auction

The park is located on East Mission Bay Drive just west of I-5 near the former visitors center at Clairemont Drive. We will be in the Playa II covered shelter (gazebo), south of the visitor center, north of the Hilton Hotel; look for our bright blue banners & signs. Plenty of free parking nearby. Walkabout will provide beverages, ice, cutlery, napkins, cups, and plates. You're welcome to bring your friends and neighbors; all are welcome (just bring plenty of food to share). We'll have our short annual meeting about Walkabout's operations, and if you have any questions, we will try to answer those, too.

Auction favorites for bidding include plants, homemade pies, gift certificates (your favorite restaurant, hairdresser, movie tickets), books, gifts that you want to "re-gift," things that can be consumed (rather than stored on a shelf); gift baskets of fancy food, wine. Things to avoid bringing to the auction: artwork, clothing, electronics (unless working). As usual, our cheerful auctioneer will be Dan Haslam, and other volunteers are always welcome to come a bit early to help put out signs, set up and stay afterwards to take down and clean up.

There will be a walk around the park before the meeting and potluck lunch; restrooms are nearby. **Come on down for an entertaining afternoon, good food, great company and chances to win free door prizes.**

**Call the office (619) 231-7463 to sign up on the potluck interest list with your name and food contribution.** Main dishes preferred.