



San Diego Feets

Vol. 39, No. 7

WALKABOUT INTERNATIONAL is a non-profit educational group that promotes neighborhood walking in urban, suburban, and rural environments throughout the world. Walkabout publishes a monthly schedule of events; for one complimentary issue call the Walkabout office, located at 2650 Truxtun Road, Suite 110, San Diego, CA 92106-6007, **(619) 231-SHOE(7463)**, FAX (619) 231-9246. Summer office hours: 10:00 am to 2:00 pm, Mon., Wed., Fri. Internet: www.walkabout-int.org, e-mail: info@walkabout-int.org

Unless otherwise specified, walks start at the time indicated. Walk leaders should arrive at least 10 minutes prior to the start time.

Pace Yourself	miles	minutes
	per hour	per mile
Casual	2.5	25
Moderate	3	20
Moderate-plus	3.5	17

July 2016

WEEKLY REPEATING WALKS

These walks repeat every week this month at the same location, day, and time.

MONDAYS

10:00 am

CROWN POINT AREA BECKONS. Start out your week with beautiful scenic views of Mission Bay and nearby homes as a guest leader takes the group on a **moderate to moderate-plus** flat walk for about 2 hours with a pause for coffee or yogurt. Take I-5 to Grand Ave. and go west to Lamont St., turn left on Lamont St., then right on Crown Point Dr. to meet at the west end of the parking lot by the park's southern end restrooms. To use public transit, take the trolley to Old Town and board the #9 bus at 9:10, get off at La Cima Dr. and walk 3 blocks east to the parking lot. Rain cancels. **Kathy L.** (858) 484-0349.

TUESDAYS

6:30 pm

MISSION BAY SUNSETS. Walk leaves promptly at 6:30. Rain (not mist) cancels. Enjoy the cooler evening air and beautiful views of Mission Bay! Join us for a flat but fairly fast-paced **moderate to moderate-plus** walk along the shores of Mission Bay. Take the I-5 and go west on Clairemont Dr. to meet at the former Visitors Information Center. **Teri E.** (858) 560-0446 or **Jill F.** (858) 292-4231.

WEDNESDAYS

5:30 pm

WEDNESDAY WORKOUT. Meet at Costa Verde Shopping Center in front of Bookstar, west of the UTC Mall between La Jolla Village Dr. and Nobel Dr. We will walk for about 1½ hours at a moderate-plus pace, heading in a different direction each week, exploring canyon trails and hills. Rain cancels. Come and have some fun! **Kathy T.** (858) 459-6438 or **Barbara S.** (858) 452-8832.

THURSDAYS

10:00 am

MISSION BEACH NORTH & SOUTH. Walk the beach or the bay and stop for coffee near the end of this **moderate-plus** or **moderate** flat walk. Meet at the Belmont Park ticket booth off of Mission Blvd. To use public transit, ride the trolley to Old Town, and then take the #8 bus at 9:40 to Mission Blvd. arriving at 9:54, and walk across the street. Rain cancels. **Kathy L.** (858) 484-0349.

10:00 am

SHELTER ISLAND WALK & TALK BUNCH. Join Sandra, Sally and Friends for a casual+ walk from the Bali Hai Restaurant to the Friendship Bell and back on flat sidewalks (about 2.5 miles round trip; 60-70 minutes including pit stop). Breathe delicious ocean air and enjoy dynamic bay and city views from ships to sea lions. Meet new friends at east end of the island to the right of the Bali Hai by the lamp post and hand rails, where we will stretch for a few minutes. Ample free parking. If you're late, drive down the island and join us along the way. Take the #28 bus and walk approximately 3 blocks to the Bali Hai, Optional eats afterward. Heavy rain cancels. Join us - just for the health of it! **Sally R.** (619) 222-3800.

10:15 am

MORNING STROLL IN BALBOA PARK. Meet at the Senior Lounge across from the Museum of Photographic Arts to walk at a **casual** pace through beautiful Balboa Park for about 45 minutes. Terrain is flat and mostly paved. Stay after for optional coffee. For public transit, use the #7 bus. Rain cancels. **Mary T.** (619) 291-1349.

FRIDAYS

6:30 pm

MISSION HILLS MEANDER. Come see the great views and picturesque homes of this old neighborhood on a 1-hour **casual** walk for about 2.5 miles on flat terrain. The walk ends before sunset so flashlights aren't needed and there will be light to enjoy the views. Meet at the coffee shop at 1920 Ft. Stockton Dr. From Washington St., go north on Goldfinch St. and west on Ft. Stockton Dr. Rain cancels. **Stan F.** (619) 222-3447.

SUNDAYS

8:15 am

MERRY GO-ROUND. Start from the carousel in Balboa Park and join us on one of the most scenic walks in San Diego. Our **moderate-plus** walk encompasses the harbor, downtown, Bankers Hill and bridges depending on size of group and mood. Allow 3 hours, which includes a coffee break. To use public transit, take the trolley to 3rd Ave. and C St. At 3rd Ave. and Broadway take the #7 bus at 7:42 or 7:48. Arrive at Zoo Pl. at 8:00 or 8:06. Meet **Rick** in the parking lot near the carousel at Park Blvd. and Zoo Pl. (858) 565-7212.

HIKE WEDNESDAYS & SATURDAYS

Time: TBA

WILDERNESS HIKE. Details e-mailed a day or two before. IMPORTANT HIKE INFO: Park on the street in front of the Methodist Church, 2111 Camino del Rio South (west of Texas St.). Be prepared to drive yourself if there are no other carpoolers. Bring lunch, 2-3 quarts of water, sun and rain protection, and lug-soled shoes. **"First timers" must** call the leader. All participants **must** be in top condition, well prepared for trail conditions and will be accepted at the leader's discretion. Hikers **must** be able to keep pace with the group. Check <http://www.walkabouthikes.org> as weather or unusual conditions may cause the hike to be moved or canceled. If you have any questions, please contact the relevant hike leader as noted.

Date	Contact Information
Jul 2	Candy: (619) 435-2894 or ccbeckwith146@yahoo.com
Jul 6	No hike
Jul 9	Bill: (619) 206-5809 or wa4lrm@gmail.com
Jul 13	Don: dpiller@cox.net or (760) 796-4007
Jul 16	Stan H: (619) 448-1668 before 6:00 pm or shunt92071@yahoo.com
Jul 20	Bob R: (760) 728-8232
Jul 23	Mike L. (858) 455-0738
Jul 27	Rita C: (619) 482-0052
Jul 30	Eva: (619) 283-1872 or evajudo@aol.com

MORE GREAT WALKS THIS MONTH

SUNDAY, JULY 3

7:15 am

BREAKFAST SPECIAL ON SHELTER ISLAND. Ships and seagulls will delight us as we walk as far around Shelter Island as we wish **at our own speed.** Time out to pet cute dogs. The walk is mostly flat, but we might go along the shore and some might go up the hill for the views. Optional breakfast follows to eat and chat. Meet at Shelter Island Dr. and Anchorage Ln. This intersection is served by the 6:45 #28 bus. Rain cancels or postpones. **Pat's Pals** (619) 469-6223.

MONDAY, JULY 4

6:30 am

SUNRISE SERIES: CHULA VISTA. We'll meet on Third Ave. between F and G Sts. to inspect the Third Ave. renovation. Take the I-5 south to the E St. exit, continue straight onto Bay Blvd and then turn left onto F St., turn right onto Third Ave. and park in area near the fast food restaurant. Pace for this 1 hour walk will be **casual to moderate** on flat, paved streets. Bring money for optional breakfast afterward. **Marilyn & John** (619) 840-5544.

TUESDAY, JULY 5

8:00 am

TRESTLES SURFING BEACH TO SAN ONOFRE STATE BEACH. This 21st segment of Dan D.'s. New Year's Resolution Walks travels the beach areas south of San Clemente. Meet at 8 am between Tracks 2 & 3 at the Old Town Transit Center (OTTC) to buy a round-trip Coaster ticket to Oceanside for the bargain price of \$5.50 for a senior or \$11 for an adult. We will take Amtrak's 567 Pacific Surfliner at 8:27 am from Track 4 for the low Coaster price. Then we will take Bus 395 through Camp Pendleton to where our walk begins in San Clemente. You **MUST** have a picture ID (driver's license) to show the guard at the gate to the military base. Bring money for lunch before our walk and extra \$5 cash to share a necessary cab ride from the end of this **casual to moderate** 4.7 mile walk. We will return to OTTC on the 7 pm Coaster that arrives in Old Town at 8:07. Heavy rain cancels. Email **Dan D.** at ddobbs48@gmail.com and he will reply with details or phone (858) 722-3002.

WEDNESDAY, JULY 6

10:00 am

A BOATLESS RIVER EXCURSION. Join **Robert and Friends** for a 1-hour, paved, **casual** walk overlooking the San Diego River. Water wings not required. Optional restaurant stop afterward. Meet in the parking lot of Mimi's on Mission Center Rd. at Camino de la Reina. To use public transit, take the Green Line Trolley marked "Green Santee," exit at Mission Valley Station, walk southwest to 5180 Mission Center Rd. Rain cancels. **Robert B.** (858) 414-6181.

THURSDAY, JULY 7

6:30 am

SUNRISE SERIES: NATIONAL CITY. We'll take a **moderate** 1-hour flat walk to check out the National City Marina and then on to Pepper Park. We hope to see a cargo ship unloading cars or lumber and people fishing off the pier. Bring money for an optional breakfast afterward. Take I-5 south to the Mile of Cars Way/Bay Marina Dr exit, turn right (west) and then make a left at signal into the restaurant parking lot where we'll meet. **Frances** (619) 479-3962.

SATURDAY, JULY 9

7:15 am

LATE BIRDS. For those of us who can't get up in time for the Sunrise Series, **Anna T.** will lead a flat 1-hour walk **at your own pace** around Pacific Beach, followed by an optional breakfast. Take the #30 bus at 6:45 from Old Town, exit at Mission Blvd. Meet in front of Crystal Pier at the west end of Garnet Ave. Rain cancels. (619) 231-7463.

SUNDAY, JULY 10

7:15 am

BREAKFAST SPECIAL IN BALBOA PARK. The park is beautiful any time of the year with many paths to explore on this flat walk **at your own pace**. Eating and chatting afterward (Greek?) is optional but great fun. Meet at the carousel on Park Blvd. at Zoo Pl. **Pat's Pals** (619) 469-6223.

MONDAY, JULY 11

6:30 am

SUNRISE SERIES: OCEAN BEACH. We will take a **moderate** 3-mile walk visiting the pier to see the surfers and fishermen and then continuing in the Sunset Cliffs neighborhood. To reach our meeting place, take I-8 to the west end, turn left onto Sunset Cliffs Blvd., then turn right onto Newport Blvd. for a block and a half. Meet across the street from the old Strand Theater. Bring money for an optional breakfast. **Fusa** (619) 223-6947.

TUESDAY, JULY 12

2:00 pm

CENTRAL SOUTH PARK STROLL. South Park is a neighborhood on the upswing. We'll walk past beautifully restored craftsman houses, drought-tolerant gardens, secluded cul-de-sacs, and a horse ring, plus we will see the canyon where a 250-foot-long dirigible was built in 1911. Meet at corner of 31st and B Sts. for 1-1/2 hour **casual to moderate** mostly flat walk. Bus #2 stops at 30th and A. **Evelyn K.** (619) 461-6095.

THURSDAY, JULY 14

6:30 am

SUNRISE SERIES: SOUTH SHORE. Meet at the South Shores Boat Launch just east of Sea World on Mission Bay. Hopefully we'll see some rabbits and the great sea birds there. Take I-5 to Sea World Dr. and go west to the South Shores Boat Launch Ramp area. Watch for the sign, it is not very prominent. We'll meet at the restrooms at the boat launch. Optional breakfast follows this **moderate**, flat 1-hour walk. **Winnie** (858) 278-4003.

SATURDAY, JULY 16

9:15 am

SAN CLEMENTE PIER TO TRESTLES SURFING BEACH. This 22nd and final segment of Dan D.'s. New Year's Resolution Walks travels the beach areas south of San Clemente. We will meet at 9:15 am between Tracks 2 & 3 at the Old Town Transit Center (OTTC) to buy a round-trip Coaster ticket to Oceanside for the bargain price of \$5.50 for a senior or \$11 for an adult and depart on the 9:54 Coaster train to Oceanside. We will then transfer to a Metrolink train for \$3 departing Oceanside and arriving in San Clemente at 11:42 am. After a delightful lunch at the pier on your own dime, we will walk south on a **casual to moderate** 3.5 mile beach walk to the famous "Trestles" surfing beach and afterward enjoy sightseeing in downtown San Clemente. This quaint seaside community is a favorite destination walking area in southern CA. We will return to OTTC on the 7 pm Coaster that arrives in Old Town at 8:07. Heavy rain cancels. Email **Dan D.** at ddobbs48@gmail.com and he will reply with details or phone (858) 722-3002.

SUNDAY, JULY 17

7:15 am

BREAKFAST SPECIAL ALONG EAST MISSION BAY. Let's take a flat walk **at your own speed** to see the birds, boats, and views. Optional breakfast and chatting follow. Meet on Mission Bay Dr. by the restrooms just south of Clairemont Dr. If the road/parking lot is closed for an event, we will meet in the restaurant parking lot at Pacific Hwy. and Rosecrans St. to walk along the river or Old Town. Rain cancels or postpones. **Pat's Pals** (619) 469-6223.

MONDAY, JULY 18

6:30 am

SUNRISE SERIES: EASTERN BALBOA PARK. Meet at the merry go-round off Park Blvd. near the Zoo. We'll see roses and cacti galore, and much more on this **moderate** 1 hour walk. We'll stay on cement paths, cross a bridge and hope for a rose garden in full bloom. Plan for an optional breakfast afterward. Shall we try Greek? **Connie** (619) 477-8628.

TUESDAY, JULY 19

10:00 am

BALBOA PARK GARDENS AND SCULPTURES. A one-hour **casual** walk to view sculptures recently installed outside the Art Museum and the Sculpture Garden and the Rose Garden before optional visits to the Mingei and Art Museums (free admission for San Diego residents today). Optional lunch at the Sculpture Garden restaurant or a picnic lunch in the central plaza are possible follow-up activities. Meet **Stella** at one of the tables in front of the Art Museum. (619) 232-3756.

WEDNESDAY, JULY 20

10:00 am

CORONADO TIDELANDS STROLL. Join **Robert and Friends** for a 1-hour, flat, paved, **casual** stroll in Coronado's Tidelands Park. Optional brunch afterward. Drive over the beautiful blue bridge to Coronado, turn right after the former tollbooth onto Glorietta Blvd, then turn right again on Mullinex Dr. into Tidelands Park. To use public transit, take the #901 bus (Iris Trolley) from the 12th & Imperial Transit Center at 8:35; after crossing the bridge, get off at stop on Mullinex Dr. at Glorietta Pl. at approx. 9:41, turn right on Glorietta Pl., bear right on 3rd St. onto Mullinex Dr. and into the park. Meet at the restroom. Rain cancels. **Robert B.** (858) 414-6181.

THURSDAY, JULY 21

6:30 am

SUNRISE SERIES: DOWNTOWN. Comic-Con is coming to town. Let's meet at the carousel in Seaport Village for a **moderate** walk along the harbor to see who's partying early in the morning. Drive to the south end of Pacific Hwy to park next to the carousel. **Pat K.** (619) 469-6223.

SATURDAY, JULY 23

9:00 am

JOIN THE COMIC-CON WILDNESS. Let's take a **casual** walk to check out San Diego's wildest convention. We will pick our route with the least wild crowds, but best view of the participants as we observe and enjoy their fun. Take any trolley line to Imperial and 12th St. but allow time for crowded lines and parking lots. Meet by the Green Line trolley end spot to walk towards Harbor Dr. and the Convention Center. Rain cancels. **Pat K.** (619) 469-6223.

6:00 pm

IT'S COMIC-CON TIME AGAIN! Meet **Stella and Derek** at Horton Plaza Park for a one-hour **casual** walk to meander through the Gaslamp area observing the amazing costumes of Comic-Con attendees. Last year we saw plenty of interesting action and were even able to squeeze into the usual fish taco stopover. Free parking available at Horton Plaza with validation until 8 pm. (619) 232-3756 or 298-4891.

SUNDAY, JULY 24

7:15 am

BREAKFAST SPECIAL DOWNTOWN. Comic-Con is in town so that's the place to be this weekend. Early...before it gets too wild. We will take a **moderate** walk along the water beside the Convention Center and back along Harbor Dr. to see all the people in costumes having fun. Meet by the carousel in Seaport Village at the south end of Pacific Hwy. Public transit option is to take the red or orange trolley to train depot and walk down Pacific Hwy. or take green line to Seaport Village stop. Rain cancels. Optional breakfast afterward. **Pat's Pals** (619) 469-6223.

MONDAY, JULY 25

6:30 am

SUNRISE SERIES: OLD TOWN. We'll explore in the early morning at a **moderate** pace for 1 hour on flat terrain while everything is quiet except for the old train depot. Let's check out what's new and what's old. Meet in the parking lot of the restaurant on the north west corner of Rosecrans and Pacific Hwy. Bring money for an optional breakfast afterward. **Edie** (619) 222-4396.

THURSDAY, JULY 28

6:30 am

SUNRISE SERIES: MISSION BAY. Let's enjoy the season by the bay on this flat 1 hour **moderate** walk where we can watch for a beautiful sunrise and check out the different birds. Meet at the former Visitors Information Center. From the I-5, take the Clairemont Dr. exit and go west. Optional breakfast follows. **Verna** (619) 276-3055.

SUNDAY, JULY 31

7:15 am

BREAKFAST SPECIAL IN PACIFIC BEACH. Before the crowds arrive, walking in Pacific Beach can be delightful. We'll walk along the ocean admiring the waves on a flat walk **at your own speed** and then return by the same route. Meet at the west end of Garnet Ave. by Crystal Pier. From Old Town Transit Center, take the #8 bus at 6:30. Rain cancels or postpones. Optional breakfast follows, perhaps overlooking the ocean. **Pat's Pals** (619) 469-6223.

9:15 am

DEL MAR-VELOUS DELIGHTS. Cool off this summer on a 3-hour **moderate-plus** prance over mixed up and down terrain through the little known, tree-lined Torrey Pines State Reserve Extension, along the alluring Pacific Ocean with wisps of serene breezes through enchanting nooks and crannies of this convivial coastal community. Look for **Larry** by the northwest corner of Del Mar Heights Rd. and Durango Dr. -- 6 blocks west of I-5's Del Mar Heights exit. Larry@walkabout-int.org (858) 755-1751 (evenings and weekends).

JULY 2016 WALKS AT A GLANCE

Bold walk start times are those that repeat every week at the same location, day, and time.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
					6:30 pm Mission Hills Meander	TBA Hike
3	4	5	6	7	8	9
7:15 am Breakfast Spcl: Shelter Island 8:15 am Merry Go- Round	6:30 am Sunrise: Chula Vista 10 am Crown Point Area Beckons	8 am Trestles Surfing Beach to San Onofre 6:30 pm Mission Bay Sunsets	No Hike 10 am A Boatless River Excursion 5:30 pm Wednesday Workout	6:30 am Sunrise: National City 10 am Shelter Island 10 am Mission Beach 10:15 am Balboa Park	6:30 pm Mission Hills Meander	TBA Hike 7:15 am Late Birds
10	11	12	13	14	15	16
7:15 am Breakfast Spcl: Balboa Park 8:15 am Merry Go- Round	6:30 am Sunrise: Ocean Beach 10 am Crown Point Area Beckons	2 pm Central South Park Stroll 6:30 pm Mission Bay Sunsets	TBA Hike 5:30 pm Wednesday Workout	6:30 am Sunrise: South Shore 10 am Shelter Island 10 am Mission Beach 10:15 am Balboa Park	6:30 pm Mission Hills Meander	TBA Hike 9:15 am San Clemente Pier to Trestles Beach
17	18	19	20	21	22	23
7:15 am Breakfast Spcl: E. Mission Bay 8:15 am Merry Go- Round	6:30 am Sunrise: Eastern Balboa Park 10 am Crown Point Area Beckons	10 am Balboa Park Gardens & Sculptures 6:30 pm Mission Bay Sunsets	TBA Hike 10 am Coronado Tidelands Stroll 5:30 pm Wednesday Workout	6 am Sunrise: Downtown 10 am Shelter Island 10 am Mission Beach 10:15 am Balboa Park	6:30 pm Mission Hills Meander	TBA Hike 9 am Comic-Con Wildness 6 pm Comic-Con Time Again!
24	25	26	27	28	29	30
7:15 am Breakfast Spcl: Downtown 8:15 am Merry Go- Round	6:30 am Sunrise: Old Town 10 am Crown Point Area Beckons	6:30 pm Mission Bay Sunsets	TBA Hike 5:30 pm Wednesday Workout	6:30 am Sunrise: Mission Bay 10 am Shelter Island 10 am Mission Beach 10:15 am Balboa Park	6:30 pm Mission Hills Meander	TBA Hike
31						
7:15 am Breakfast Spcl: Pacific Beach 8:15 am Merry Go- Round 9:15 am Del Mar-Velous Delights						

UPCOMING WALKS, EVENTS & TRIPS

Please call our office (619) 231-7463 for details about any of the following.

Overnight Trips (all dates are tentative)

Summer Camp in Maine	August 23 - 30
North Carolina and the Biltmore	October 4 - 11

Events/Walks

Ice Cream Social Walk	August
Annual Meeting Potluck & Auction	October
Thanksgiving Restaurant Dinner	November
Christmas Brunch; Gift Exchange	December



VOLUNTEER!

If you are interested in any of our volunteer opportunities, please call the office (619) 231-7463.

WALK LEADERS NEEDED

We are recruiting walk leaders for the suggested walks below. If interested, please call the office (619) 231-7463. Receive help with write-up, etc. And, contact us with YOUR ideas for walks!!

- Balboa Park with ranger tour
- Free Tuesdays at museums in Balboa Park

BOARD SEEKS YOUR HELP

We need office volunteers and new board members.



NEWSLETTER DEADLINE NOTICE

All walks must be submitted by the **10th** of the month before the month of the walk. None will be accepted after that date. For example, the April newsletter is published in March, so walks must be submitted by March 10th. You must e-mail your walks to walks@walkabout-int.org. If you e-mail more than one walk, please leave extra space between each walk.

You can e-mail your newsletter comments and suggestions to publisher@walkabout-int.org

Flashlights should be kept handy on evening or early morning walks. They help you not only to see, but to be seen. In case of emergency please carry ID and medical information.



Please remember that Walkabout International is a non-smoking experience. There is no smoking at the meeting place or during the walk.

WALKABOUT BOARD MEETING

Friday, July 15 at 11:00 am

The monthly meeting will be held at Serra Mesa-Kearny Mesa Branch Library, Sudberry Room, 9005 Aero Drive, San Diego, CA 92123



BOARD MEMBERS

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Bruce Herms	Emeritus

JOIN US ON MEETUP!

www.meetup.com/Walkabout-International



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ABOUT WALKABOUT, SAN DIEGO'S PREMIER SOCIAL NETWORK AFOOT

Walkabout is an all volunteer San Diego-based non-profit organization offering more than 1,000 free local walks each year along with parties, picnics, potlucks, holiday celebrations and other activities including national and international travel, all with a walking component. Established in 1977, Walkabout promotes healthy regular exercise, social camaraderie and discovering new places.

Walkabout Newsletter Subscription/Supporter Form

You are the heart and "soles" of an all-volunteer, nonprofit organization that raises walking far above a pedestrian pursuit. WALKABOUT depends in large part on your generous spirit to fund our yearly operating costs through your thoughtful, tax deductible donations. If you appreciate the value you receive from WALKABOUT, please contribute. All levels of support include a one-year subscription to our monthly newsletter.

Basic Level \$20 Tenderfoot \$25 Footprint \$100 Arch Supporter \$500
 Twinkle Toes \$50 Kindred Sole \$250 Big Foot \$1000 Other Contribution Amount \$ _____

Circle RENEW or NEW Subscriber/Supporter...How did you hear about us? _____

Please mail completed form (we do not share information): 2650 Truxtun Rd., Suite 110, San Diego, CA 92106-6007

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PDF ALSO (available only if support greater than Basic Level)

PDF ONLY (**fully tax deductible, eco-friendly, and helps us keep costs down**)

Call 619-231-SHOE (7463) to notify office promptly of any changes to your information; or to discuss WALKABOUT's charitable gifts, trusts, and memorials program; or to find out how you can donate some time to WALKABOUT. By coming on walks, bringing friends, helping out at the headquarters or at events - you sustain and spread the WALKABOUT spirit!

Walkabout is offering a buy-one, get-one-free subscription deal when you contribute at the \$25 level or above. Simply provide information for someone who has never had their own subscription and might like to subscribe:

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WALKABOUTERS TO "WALK" ON WATER!

Several of the Thursday Shelter Island Walkabout group have purchased annual passes (\$90) from Hornblower Cruises to take advantage of multiple cruises and special birthday offers. The passes are good for unlimited one- or two- hour bay cruises, winter whale watching, and other benefits. Join in for fun on the water following our Walkabouts or other events. Contact sallywalkabout@cox.net for further information.



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<http://www.walkabout-int.org>
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Walkabout Birthday Walk in March 2016