San Diego Feets
Vol. 41, No. 9
WALKABOUT INTERNATIONAL is a non-profit educational group that promotes neighborhood walking in urban, suburban, and rural environments throughout the world. Walkabout publishes a monthly schedule of events; for one complimentary issue call the Walkabout office, located at 2650 Truxtun Road, Suite 110, San Diego, CA 92106-6007, (619) 231-SHOE(7463), FAX (619) 231-9246. Office hours: 10 am to 2 pm, Monday, Wednesday, Friday Internet: www.walkabout-int.org, e-mail: info@walkabout-int.org

Unless otherwise specified, walks start at the time indicated. Walk leaders should arrive at least 10 minutes prior to the start time.

September 2018

WALKABOUTERS CELEBRATE SUMMER CAMP ON CAPE COD IN JUNE
Eleven Cape Cod Walkabout enthusiasts spent a week walking in beautiful scenery on Cape Cod in mid June. The group flew from San Diego to Boston, where they were met by summer Cape resident and tour leader Dan Haslam. The group traveled all over the Cape in their rented van, including to the tip of the Cape to eclectic Provincetown. This is the home to plein air painting, celebrated for its glorious light. It's a crowded, tourist town, but the walkers enjoyed busy Commercial Street and the Cape Cod National Shore and dunes.

In Hyannis, the largest town on the Cape, walkers strolled Main Street for an annual Fathers' Day car show, had strawberry shortcake treats at Dan's church and a pancake breakfast at his tiny condo. In Chatham, the group enjoyed a lighthouse, a close up walk on the Monomoy national park area, a diner lunch and several thrift shops.

While in Sandwich, the group did a drive-by of the oldest house on the Cape, a walk on the famous boardwalk, a visit to the glass museum, and a fabulous lunch at a tavern frequented by Daniel Webster.

Walkabouters hit the road for a trip to Falmouth on the south shore of Nantucket Sound, for a boat ride to Martha's Vineyard, where some took an island bus tour and others joined on a public bus to Edgartown and Oak Bluffs, home of colorful camp meeting cottages. Weather was spectacular on the trip, and the group took in a Cape League baseball game, an historic lecture at the Olde Colonial Court House in Barnstable, cocktails at Dan's pool, and several thrift shops. En route back to Boston, the only rainy day, the group visited historic Plymouth, where the Mayflower II is ordinarily docked, but out for repairs. From early bird walks to picnic meals, celebrations and concerts, the group was kept busy and sent home tired!

Submitted by Dan Haslam

Please take time to notice and understand our new Pace definitions above. These are optional this month, however, beginning next month we will try to be consistent in their usage.

HUNTINGTON LIBRARY
Saturday November 10, 2018
Led by: Marilyn B. and Elaine B.

Explore the many visual pleasures of the Huntington Library. Start anywhere you want … the Thornton Portrait Gallery … where you can view the original “Blue Boy” by Gainsborough and “Pinkie” by Thomas Lawrence just to name a few. In the Library, West Hall, you’ll find “Architects of a Golden Age” an exhibit documenting creative and influential periods in Southern California architecture. Stroll through the many beautiful gardens, including the Japanese Gardens, the Rose Gardens and Desert Landscaping. Lunch is on your own. There is a cafeteria style restaurant called “The Café” with a huge assortment of choices and view of the gardens. Cost of the trip $75. Include San Diego or North County pick-up location and your phone number. Enclose a self-addressed stamped envelope so we can mail your itinerary.

RIVERSIDE COUNTY, MISSION INN
Saturday, December 15, 2018
Led by: Beverly B. and Elaine B.

Our first stop will be at the Farmers Market in Temecula, where we’ll have time to see the local fruits and vegetables, plants, flowers, crafts and much more. Then we’ll head for downtown Riverside to Tio Tacos’s, a hole in the wall taco shop. A great place for lunch (on your own). From Tio Tacos, we’ll walk to our final destination, Mission Inn, a national historical landmark. Cost of the trip is $70.

Mail your check for either trip to: Walkabout International. Please include your email address and cell phone number. Refunds only if there is a waiting list.
**WEDNESDAYS & SATURDAY HIKES**

Time: TBA

**WILDERNESS HIKES.** Details e-mailed a day or two before. IMPORTANT HIKE INFO: Park on the street in front of the Methodist Church, 2111 Camino del Rio South (west of Texas St.). Be prepared to drive yourself if there are no other carpoolers. Bring lunch, 2-3 quarts of water, sun and rain protection, and lug-soled shoes. "First timers" must call the leader. All participants must be in top condition, well prepared for trail conditions and will be accepted at the leader’s discretion. Hikers must be able to keep pace with the group. Check [http://www.walkabouthikes.org](http://www.walkabouthikes.org) as weather or unusual conditions may cause the hike to be moved or canceled. If you have any questions, please contact the relevant hike leader as noted.

**HIKE CONTACT INFORMATION**

<table>
<thead>
<tr>
<th>DATE</th>
<th>LEADER</th>
</tr>
</thead>
<tbody>
<tr>
<td>9/1</td>
<td>Don P: <a href="mailto:dpiller@cox.net">dpiller@cox.net</a> (760) 796-4007</td>
</tr>
<tr>
<td>9/5</td>
<td>TBA</td>
</tr>
<tr>
<td>9/8</td>
<td>Bill B: <a href="mailto:wa4irm@gmail.com">wa4irm@gmail.com</a> (619) 206-5809</td>
</tr>
<tr>
<td>9/12</td>
<td>Mike L: <a href="mailto:lewis@san.rr.com">lewis@san.rr.com</a> or (858) 922-0738</td>
</tr>
<tr>
<td>9/15</td>
<td>Bill B: <a href="mailto:wa4irm@gmail.com">wa4irm@gmail.com</a> (619) 206-5809</td>
</tr>
<tr>
<td>9/19</td>
<td>Don P: <a href="mailto:dpiller@cox.net">dpiller@cox.net</a> (760) 796-4007</td>
</tr>
<tr>
<td>9/22</td>
<td>Irma K: <a href="mailto:irmacaizan@yahoo.com">irmacaizan@yahoo.com</a> (619) 795-5821</td>
</tr>
<tr>
<td>9/26</td>
<td>Bill B: <a href="mailto:wa4irm@gmail.com">wa4irm@gmail.com</a> (619) 206-5809</td>
</tr>
<tr>
<td>9/29</td>
<td>TBA</td>
</tr>
</tbody>
</table>

Thanks to everyone.
Contact Don Piller if you’re interested in taking an open date,

**WEEKLY REPEATING WALKS**

**THESE WALKS REPEAT EVERY WEEK THIS MONTH AT THE SAME LOCATION, DAY, AND TIME.**

**MONDAYS**

10:00 am

**CROWN POINT AREA BECKONS.** Start out your week with beautiful scenic views of Mission Bay and nearby homes. Our guest leader will take the group on a flat walk for about two hours, with a pause for coffee or yogurt. Take I-5 to Grand Ave. and go west to Lamont Street, turn left on Lamont Street, then right on Crown Point Drive to meet at the west end of the parking lot -- by the park's southern end restrooms. To use public transit, take the trolley to Old Town and board the #9 bus at 9:10. Get off at La Cima Dr. and walk 3 blocks east to the parking lot. Rain cancels. **Pace:** moderate to moderate-plus. Kathy L. (858) 484-0349.

**MONDAYS**

10:00 am

**LA PLAYA OR HARBOR.** Join peripatetic leaders Mark, Rob, Jackie or Sally who alternate walking around either America’s Cup Harbor, OR following the historic La Playa Trail along the shore past, yacht clubs and amazing homes. The walks on flat surfaces are approximately 3 miles for about 1.5 hours. Optional eats afterward. Meet on the right of the front door of the Bali Hai. Free parking. Served by #28 Bus. Heavy rain cancels. **Pace:** Casual+. Sally R. (619) 222-3800.

**TUESDAYS**

6:30 pm

**MISSION BAY SUNSETS.** Walk leaves promptly at 6:30. Rain cancels. Enjoy the cooler evening air and beautiful views of Mission Bay! Join us for a flat walk along the shores of Mission Bay. Take I-5 and go west on Clairemont Dr. to meet at the former Visitors Information Center. **Pace:** moderate to moderate-plus. Jill F. (858) 292-4231.

**THURSDAYS**

10:00 am

**MISSION BEACH NORTH & SOUTH.** Walk the beach or the bay and stop for coffee near the end of this flat walk. Meet at the Belmont Park ticket booth off of Mission Blvd. To use public transit, ride the trolley to Old Town, and then take the #8 bus at 9:40 to Mission Blvd. arriving at 9:54, and walk across the street. Rain cancels. **Pace:** moderate to moderate-plus. Kathy L. (858) 484-0349.

10:00 am

**SHELTER ISLAND WALK & TALK.** Join Sandra, Sally and friends for a walk from the Bali Hai to the Friendship Bell and back on flat sidewalks (about 2.5 miles round trip; 60+ minutes including pit stop). Breathe delicious ocean air and enjoy dynamic bay and city views from ships to sea lions. Meet new friends to the right of the Bali Hai by the lamp post and hand rails, where we will stretch for a few minutes. Ample free parking. If you’re late, drive down the island and join us along the way. Take the #28 bus and walk approximately 3 blocks to the Bali Hai. Optional eats afterward. Heavy rain cancels. Join us - just for the health of it! **Pace:** casual+. Sally R. (619) 222-3800.

5:30 pm

**THURSDAY TROMP.** Meet in front of Bookstar in Costa Verde Shopping Center at 8650 Genesee Ave. for a friendly walk’n’talk for about 1½ hours through neighborhoods, parks, and canyon trails all around UTC and UCSD areas. Rain cancels. **Pace:** moderate-plus. Kathy T. (858) 539-6888 or Barbara S. (858) 452-8832.
SUNDAY, SEPTEMBER 9
7:15 am

BREAKFAST SPECIAL: BALBOA PARK. The park is beautiful year round, with many paths to explore. Eating and chatting afterward (Greek?) is optional but great fun. Meet at the carousel on Park Blvd. at Zoo Pl. Walk at your own pace. Pat's Pals (619) 469-6223.

MONDAY, SEPTEMBER 10
6:30 am

SUNRISE SERIES: LAKE MURRAY. Walk at your own pace for 1 hour on a mostly flat path around the lake. Drive through the main entrance to Lake Murray at the end of Kiowa Dr. off Lake Murray Blvd. Meet in the main parking lot at 5185 Waring Rd. off of I-8. Betty H. (858) 248-3782.

THURSDAY, SEPTEMBER 13
6:30 am

SUNRISE SERIES: SAN DIEGO RIVER. Hopefully, our feathered friends will be on hand for this 1-hour walk on flat paved terrain along the river, so you can test your legs or bring binoculars and slow down to enjoy nature. Take the I-5 to the Tecolote-Sea World Drive exit and proceed west past several lights. After the light at Friars Rd., watch for the next light, where you’ll see the South Shores Boat Ramp sign on your right, but you will turn left onto the old road that parallels Sea World Dr. Bring money for an optional breakfast afterward. Pace: moderate. John & Marilyn B. (619) 840-5544

SUNDAY, SEPTEMBER 16
7:15 am

BREAKFAST SPECIAL: MISSION BEACH. Let's walk along the boardwalk to enjoy the ocean waves reflecting the rising sun. We also might go north or south as we explore the variety of homes from old beach cottages to modern multi-story residences -- including a boat house. Optional breakfast afterward. Meet at the merry-go-round on Mission Blvd near Mission Bay Dr. Walk at your own pace. Pat's Pals (619) 469-6223.

MONDAY, SEPTEMBER 17
6:30 am

SUNRISE SERIES: SHELTER ISLAND. Let’s take a casual to moderate walk along this beautiful mostly-flat area by the bay where there are many beautiful homes. There will be a choice of going up a hill for those who feel they would like to climb to where the view is very scenic. To meet the group, from I-5, drive west on Rosecrans St. to Shelter Island Dr., turn left and go about two blocks to Anchorage Dr. to the large parking lot (park where there are no meters). Bring money for optional breakfast afterward. Fusa (619) 380-2712.
THURSDAY, SEPTEMBER 20
6:30 am

SUNRISE SERIES: SEAPORT VILLAGE/EMBARCADERO. We'll start at Seaport Village and walk along the bay toward the Convention Center, exploring Marina Park, on this 1-hour flat walk. Join us for spectacular views of the bay, Coronado Bridge, Coronado, and downtown San Diego. If we have time, we'll also visit the “The Kiss” located next to the USS Midway Museum. Meet at the south end of Pacific Hwy. and park by the Seaport Village merry-go-round. Bring money for an optional breakfast afterward. Pace: moderate. Frances B. (619) 479-3962.

SUNDAY, SEPTEMBER 23
7:15 am

BREAKFAST SPECIAL: PACIFIC BEACH. Before the crowds arrive, walking along the ocean in Pacific Beach can be delightful. We'll admire the waves on a flat walk and then return by the same route. Meet at the west end of Garnet Ave. by Crystal Pier. From Old Town Transit Center, take the #8 bus at 6:30. Rain cancels or postpones. Optional breakfast follows. Pat's Pals (619) 469-6223.

MONDAY, SEPTEMBER 24
6:30 am

SUNRISE SERIES: MISSION HILLS. We'll discover what's new in one of San Diego's oldest neighborhoods on this moderate 1-hour walk on flat terrain. Meet at Goldfinch St. and Fort Stockton Dr., which is 1 block north of West Washington St. Optional breakfast afterward. Marlene G. (619) 692-3020.

THURSDAY, SEPTEMBER 27
6:30 AM

SUNRISE SERIES: BY THE RIVER AT LIBERTY STATION. We'll meet in the parking area near the river at the south end of Womble St. for this one-hour walk on mostly paved, level paths. From the south, take I-5 to the Pacific Hwy. exit, veer to the left onto Barnett Ave., turn left into Liberty Station, turn left at Womble St. From the north or east, take the Rosecrans St. exit, proceed several miles until you see Vons on your left – Womble St. is the next left turn. Optional breakfast follows. Pace: moderate. Edie A. (619) 222-4396.

SUNDAY, SEPTEMBER 30
7:15 am

BREAKFAST SPECIAL: MISSION VALLEY. Let’s take a moderate walk along the San Diego River, checking out the native plants, the river level and who lives there. We’ll meet at the west end of Mission Valley shopping center in Jared’s parking lot at the corner of Mission Center Road and Camino de la Reina. Optional breakfast follows. Pat K. (619)469-6223.

REMINDER
Flashlights should be kept handy on evening or early morning walks. They help you not only to see, but to be seen. In case of emergency please carry ID and medical information.

OTHER FEATURED WALKS
FRIDAYS, SEPTEMBER 10 & 24
6:00 pm

MISSION HILLS MEANDER. Join us for great views and picturesque homes of this old neighborhood on a 1-hour casual walk for about 2.5 miles on flat terrain. We will enjoy the late afternoon views. Meet at 1920 Ft. Stockton Dr. From Washington St., go north on Goldfinch St. and west about a mile on Ft. Stockton Dr. Rain cancels. Stan F. (619) 222-3447.

FRIDAY, SEPTEMBER 21
5:06 pm Note time change

SUNSET CLIFFS VIEWS. Meet at Sunset Cliffs Blvd. and Point Loma Ave. (not West Point Loma Blvd.) in Ocean Beach. We'll walk along Sunset Cliffs Blvd. with spectacular views and fresh cool breezes from the Pacific Ocean. For public transit, take bus route 923 from downtown at Broadway & 5th OR route 35 from Old Town Transit Center and transfer to 923 in O.B. at Cable & Voltaire Street. If you take the bus, please call me and we will wait for you if the bus is late. Otherwise, we will start at the announced time -- right after the bus arrives at Sunset Cliffs Blvd. and Point Loma Ave. Our walk will last about one-hour. Pace: Casual. Stan F. (619) 222-3447.

TUESDAY, SEPTEMBER 25
2:00 pm

NORTH PARK EAST. We will find more secret spots in North Park, including the lovely Montclair Park, and at least 9 or 10 cul de sacs, most of which were through streets connecting North Park to East San Diego before highways 805 and 15 divided them. Today, September 25, is the 40th anniversary of the PSA plane crash in North Park, and we will walk past the site in memoriam. Meet at the corner of Thorn and Nile streets for a 1-1/2 hour, flat, casual-to-moderate walk. Buses #7 and #10 stop at University Avenue at 33rd (E-bound) and at Bancroft (W-bound). Rain cancels. Dr. Evelyn K. (619) 461-6095.

IN MEMORIUM
WILLIAM F. MARVIN (BILL) 1/30/1937-7/18/2018
### SEPTEMBER 2018 WALKS AT A GLANCE

**Bold** walk start times are those that repeat every week at the same location, day, and time.

<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
<th>THURSDAY</th>
<th>FRIDAY</th>
<th>SATURDAY</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td></td>
<td>TBA Hike</td>
</tr>
<tr>
<td>2</td>
<td>3</td>
<td>4</td>
<td>5</td>
<td>6</td>
<td>7</td>
<td>8</td>
</tr>
</tbody>
</table>
| 7:15 am Breakfast Spcl: Shelter Island  
8:15 am Merry Go-Round | 6:30 am Sunrise: South Shore  
10 am Crown Point Area Beckons  
10 am La Playa Trail | 6:30 pm Mission Bay Sunsets | TBA Hike | 6:30 am Sunrise: South Park  
10 am Shelter Island  
10 am Mission Beach  
5:30 Tromp | TBA Hike  
7:15 am Breakfast Spcl: Late Birds |
| 9      | 10     | 11      | 12        | 13       | 14     | 15       |
| 7:15 am Breakfast Spcl: Balboa Park  
8:15 am Merry Go-Round | 6:30 am Sunrise: Lake Murray  
10 am Crown Point Area Beckons  
10 am America’s Cup Harbor | 6:30 pm Mission Bay Sunsets | TBA Hike | 6:30 am Sunrise: San Diego River  
10 am Shelter Island  
10 am Mission Beach  
5:30 Tromp | 6 pm Mission Hills Meander  
TBA Hike |
| 16     | 17     | 18      | 19        | 20       | 21     | 22       |
| 7:15 am Breakfast Spcl: Mission Beach  
8:15 am Merry Go-Round | 6:30 am Sunrise: Shelter Island  
10 am Crown Point Area Beckons  
10 am La Playa Trail | 6:30 pm Mission Bay Sunsets | TBA Hike | 6:30 am Sunrise: Seaport Village/Embarcadero  
10 am Shelter Island  
10 am Mission Beach  
5:30 Tromp | 5:06 pm Sunset Cliffs Views  
TBA Hike |
| 23     | 24     | 25      | 26        | 27       | 28     | 29       |
| 7:15 am Breakfast Spcl: Pacific Beach  
8:15 am Merry Go-Round | 6:30 am Sunrise: Mission Hills  
10 am Crown Point Area Beckons  
10 am America’s Cup Harbor | 6:30 pm Mission Bay Sunsets  
2:00 pm North Park East | TBA Hike | 6:30 am Sunrise: By the River at Liberty Station  
10 am Shelter Island  
10 am Mission Beach  
5:30 Tromp | 6 pm Mission Hills Meander |
| 30     |        |         |           |          |        |          |
| 7:15 am Breakfast Spcl: Mission Valley  
8:15 am Merry Go-Round | | | | | | |
**UPCOMING WALKS, EVENTS & TRIPS**

Visit our website [walkabout-int.org](http://walkabout-int.org) or call our office (619) 231-7463 for details about any of the following.

<table>
<thead>
<tr>
<th>Walk/EVENT</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fall Foliage in New England</td>
<td>Sept 29 – Oct 6</td>
</tr>
<tr>
<td>Boise &amp; Sheep Trailing Festival</td>
<td>October 10-17</td>
</tr>
<tr>
<td>Annual Meeting Potluck &amp; Auction</td>
<td>October</td>
</tr>
<tr>
<td>Thanksgiving Shelter Island Walk</td>
<td>November</td>
</tr>
<tr>
<td>Christmas Brunch; Gift Exchange</td>
<td>December 25</td>
</tr>
</tbody>
</table>

**BOARD SEEKS YOUR HELP VOLUNTEERS NEEDED!**

We need office volunteers and board members. We are also recruiting new walk leaders. If interested, please contact Norm Vigeant at 858-278-1253 or ngfrenchy@hotmail.com and he will guide you through the process. We always looking for new ideas for walks so If you are interested in any of our volunteer opportunities, please call the office (619) 231-7463.

**WALK LEADERS NEEDED**

We are recruiting walk leaders for the suggested walks below. If interested, please call the office (619) 231-7463. Receive help with write-up, etc. And, contact us with YOUR ideas for walks!!

- Balboa Park with ranger tour
- Free Tuesdays at museums in Balboa Park

**NEWSLETTER DEADLINE NOTICE**

All walks must be submitted by the 10th of the month before the month of the walk. None will be accepted after that date. For example, the April newsletter is published in March, so walks must be submitted by March 10th. You must e-mail your walks to walks@walkabout-int.org. If you e-mail more than one walk, please leave extra space between each walk.

You can e-mail your newsletter comments and suggestions to publisher@walkabout-int.org

---

**BOARD MEMBERS**

<table>
<thead>
<tr>
<th>Role</th>
<th>Name</th>
<th>Phone</th>
<th>Email</th>
</tr>
</thead>
<tbody>
<tr>
<td>President</td>
<td>Elaine Berger</td>
<td>(858) 560-9003</td>
<td><a href="mailto:President@walkabout-int.org">President@walkabout-int.org</a></td>
</tr>
<tr>
<td>1st Vice President</td>
<td>Robert Buehler</td>
<td>(858) 571-7733</td>
<td><a href="mailto:vp1@walkabout-int.org">vp1@walkabout-int.org</a></td>
</tr>
<tr>
<td>2nd Vice President</td>
<td>Dan Haslam</td>
<td>(619) 318-4870</td>
<td><a href="mailto:danhaslam@walkabout-int.org">danhaslam@walkabout-int.org</a></td>
</tr>
<tr>
<td>3rd Vice President</td>
<td>Stan Follis</td>
<td>(619) 222-3447</td>
<td><a href="mailto:Stanley@walkabout-int.org">Stanley@walkabout-int.org</a></td>
</tr>
<tr>
<td>Secretary</td>
<td>Donna Farris</td>
<td>(619) 559-5650</td>
<td><a href="mailto:secretary@walkabout-int.org">secretary@walkabout-int.org</a></td>
</tr>
<tr>
<td>Treasurer</td>
<td>Diane Erk</td>
<td>(619) 231-7463</td>
<td><a href="mailto:treasurer@walkabout-int.org">treasurer@walkabout-int.org</a></td>
</tr>
<tr>
<td>Directors</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>Marilyn Buckley</td>
<td>(619) 231-7463</td>
<td><a href="mailto:prwalkabout@yahoo.com">prwalkabout@yahoo.com</a></td>
</tr>
<tr>
<td></td>
<td>Larry Forman</td>
<td>(858) 755-1751</td>
<td><a href="mailto:larry@walkabout-int.org">larry@walkabout-int.org</a></td>
</tr>
<tr>
<td></td>
<td>Norman Vigeant</td>
<td>(619) 231-7463</td>
<td><a href="mailto:ngfrenchy@hotmail.com">ngfrenchy@hotmail.com</a></td>
</tr>
<tr>
<td></td>
<td>Bruce Herms</td>
<td></td>
<td>Emeritus</td>
</tr>
</tbody>
</table>

**OFFICE STAFF**

Elaine Berger, Robert Buehler, Donna Farris, Marilyn Buckley, Eileen Frame, Dan Haslam, Charlotte Sedgwick, Janet Fenston and Pat Keller

**NEWSLETTER STAFF**

Kathy Garcia, Dan Haslam

**MAILING CREW**

Charlotte Sedgwick, Beverly Stebbins, Stan Follis

---

Please remember that Walkabout International is a non-smoking experience. There is no smoking at the meeting place or during the walk.
ABOUT WALKABOUT, SAN DIEGO'S PREMIER SOCIAL NETWORK AFOOT

Walkabout is an all volunteer San Diego-based non-profit organization offering more than 1,000 free local walks each year along with parties, picnics, potlucks, holiday celebrations and other activities including national and international travel, all with a walking component. Established in 1977, Walkabout promotes healthy regular exercise, social camaraderie and discovering new places.

WALKABOUT NEWSLETTER SUBSCRIPTION/SUPPORTER FORM

You are the heart and "soles" of an all-volunteer, nonprofit organization that raises walking far above a pedestrian pursuit. WALKABOUT depends in large part on your generous spirit to fund our yearly operating costs through your thoughtful, tax deductible donations. If you appreciate the value you receive from WALKABOUT, please contribute. All levels of support include a one-year subscription to our monthly newsletter.

___ Basic Level $20    ___ Tenderfoot $25    ___ Footprint $100    ___ Arch Supporter $500
___ Twinkle Toes $50   ___ Kindred Sole $250  ___ Big Foot $1000  Other Contribution Amount $__________

Circle RENEW or NEW Subscriber/Supporter...How did you hear about us?________________________________________

Please mail completed form (we do not share information): 2650 Truxton Rd., Suite 110, San Diego, CA 92106-6007

NAME ___________________________________________ DATE ____________________

ADDRESS ____________________________________________

CITY __________________________________________________ STATE __ ZIP+4 _________

PRIMARY PHONE (____)________________________ OTHER PHONE (____)________________

EMAIL ADDRESS ____________________________________________________________________

___ PDF ALSO (available only if support greater than Basic Level)
___ PDF ONLY (fully tax deductible, eco-friendly, and helps us keep costs down)
___ Subscribe to the email list for Wilderness Hikes

Call 619-231-SHOE (7463) to notify office promptly of any changes to your information; or to discuss WALKABOUT's charitable gifts, trusts, and memorials program; or to find out how you can donate some time to WALKABOUT. By coming on walks, bringing friends, helping out at the headquarters or at events - you sustain and spread the WALKABOUT spirit!

Walkabout is offering a buy-one, get-one-free subscription deal when you contribute at the $25 level or above. Simply provide information for someone who has never had their own subscription and might like to subscribe:

NAME ___________________________________________ ________________________________________

ADDRESS ____________________________________________

CITY __________________________________________________ STATE __ ZIP+4 _________

PRIMARY PHONE (____)________________________ OTHER PHONE (____)________________

EMAIL ADDRESS ____________________________________________________________________

___ PDF ONLY
ANNUAL MEETING / AUCTION / PICNIC
SUNDAY, OCTOBER 28, 10:30 AM TO 2:30 PM
11:00 AM WALK * NOON LUNCH * 1:00 PM AUCTION

Mark your calendars now for Walkabout International’s 18th Annual Potluck Picnic and Auction to be held at East Mission Bay Park (same location as last year). Be sure to notice it’s Sunday not Saturday.

We need each person to bring three things:
1. Contributions for the auction;
2. Food to share for the potluck (usually 40+ attendees); and
3. Your checkbook or cash to pay for someone else’s treasure at the auction.

The park is located on East Mission Bay Drive just west of the I-5 near the former visitors center at Clairemont Drive, Exit #22. We will be in the Playa II covered shelter (gazebo), south of the visitor’s center, north of the Hilton Hotel; look for our bright blue banners & signs. Plenty of free parking in the nearby lot. Walkabout will provide drinks, ice, cutlery, napkins, cups, and plates. You’re welcome to bring your friends and neighbors; all are welcome (just be sure to bring plenty of food to share).

We will start off with a casual to moderate walk along the bay before lunch. There will be a short annual meeting about Walkabout’s operations presented by our President, Elaine Berger before the auction. As usual, our cheerful auctioneer Dan Haslam will entertain us with his fast talking as he tries his best to move all those treasures to new homes. Auction favorites include plants, homemade baked goods, gift certificates (restaurants, hairdresser, movie tickets), books, gifts that you want to “re-gift”, things that can be consumed (rather than stored on a shelf), gift baskets of fancy food, wine. Things to avoid bringing to the auction: artwork, clothing, electronics (unless working), anything not in good condition.

Come on down for an entertaining day on the bay enjoying good food and company. Call the office (619) 231-7463 to sign up on the potluck interest list with your name and food contribution. Main dishes preferred.