**Walkabout International** is a non-profit educational group that promotes neighborhood walking in urban, suburban, and rural environments throughout the world. Walkabout publishes a monthly schedule of events; for one complimentary issue call the Walkabout office, located at 2650 Truxtun Road, Suite 110, San Diego, CA 92106-6007, (619) 231-SHOE (7463), FAX (619) 231-9246. Office hours: 10 am to 2 pm, Monday, Wednesday, Friday. Internet: [www.walkabout-int.org](http://www.walkabout-int.org), email: info@walkabout-int.org.

**February 2020**

**Pace**

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<tr>
<th></th>
<th>miles</th>
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<tr>
<td>Very Casual*</td>
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* Used in lieu of “Walk at your own pace”
+ Used to indicate a possible slightly brisker pace

Unless otherwise specified, walks start at the time indicated. Walk leaders should arrive at least 10 minutes prior to the start time.
MONTHLY WALK ROUND-UP

SUNDAY, FEBRUARY 2
7:15 am
BREAKFAST SPECIAL: SHELTER ISLAND. Let's take a casual to moderate walk along this beautiful, mostly flat area by the bay where there are many beautiful homes. Then back to optional breakfast. Meet at meterless spaces in the parking lot at Anchorage Ln. and Canon St. (one block south of Shelter Island Dr). Edie A. edier@cox.net. (619) 313-7818.

8:15 am MERRY GO-ROUND. Join us on one of the most scenic walks in San Diego. We start at the carousel in Balboa Park. Our walk encompasses the harbor, downtown and Bankers Hill. Depending on size of the group and mood, we may include some bridges. Allow three hours, which includes a coffee break. To use public transit, take the trolley to 3rd Ave. and C St. At 3rd Ave. and Broadway take the #7 bus at 7:42 or 7:48. Arrive at Zoo Pl. at 8:00 or 8:06. Meet in the lot near the carousel at Park Blvd. and Zoo Place. Pace: moderate-plus. Rick P. (858) 565-7212.

MONDAY, FEBRUARY 3
6:30 am SUNRISE SERIES: LAKE MURRAY. Walk at your own pace for 1 hour on a mostly flat path around the lake. Drive through the main entrance to Lake Murray at the end of Kiowa Dr. off Lake Murray Blvd. Meet in the main parking lot on the left as you approach the lake. We'll see walkers, bicyclers and lots of cute dogs out for their morning stroll. Optional breakfast follows. Marlene G. cell (619) 204-0095.

10:00 am AMERICA'S CUP HARBOR. Join leader Rob as we walk around America's Cup Harbor on sidewalks to admire what's new in the marina from bayside restaurants to a new brewery, gelato/coffee shop, deluxe condos and new docks, with lots of construction and MORE. The casual pace walks on flat paved surfaces and are approximately 2.5 miles each for about 1 hour and 15 minutes. Fun, friendly group. Optional eats afterward. Meet to the right of the front door of the Bali Hai. Ample free parking; Served by #28 Bus and walk 3 blocks. Heavy rain cancels. Sally R. (619) 222-3800. Repeats every other week.

TUESDAY, FEBRUARY 4
9:00 am FREE TUESDAY—EXPLORE THE FLEET CENTER. Join us in Balboa Park on Free Tuesday for San Diego City and County residents. Make sure to bring your ID. We will meet at the Merry Go-Round at 9 am, then walk for an hour in the park to arrive at the RH Fleet Museum around 10 am and take in the free exhibits and possibly, for those that want to pay, an $10 IMAX movie or head on down to the Model Train Museum that is also free that day, if time permits. For public transit, take #7 bus. Optional lunch after. Janet F. (619) 890-4622.

6:30 pm ABOVE THE BAY. Join us for some exercise and fabulous views of the lights around Mission Bay. Meet by Carl's Jr. at Clairemont Dr. and Burgener Blvd. for a hilly, 1-hour plus, moderate to moderate-plus walk. Rain, but not mist, cancels. Flashlight recommended. Please call Jill F. (858) 292-4231 to make sure walk is "on" for the week. We cancel due to holidays or commitments during this busy season.

THURSDAY, FEBRUARY 6
6:30 am SUNRISE SERIES: PACIFIC BEACH BOARDWALK. Let's take a moderate 1-hour walk on flat terrain and enjoy the fresh air, early morning breeze and beautiful sunrise where we can look forward to good company, chatting and an optional breakfast afterward. Meet at the Crystal Pier at the west end of Garnet Ave. Bring money for optional breakfast. Marilyn and John (619) 840-5544.

10:00 am SHELTER ISLAND WALK & TALK. Join Rob, Elaine, Janet or Kathy B. for a beautiful walk from the Bali Hai to the Japanese Friendship Bell and back on flat sidewalks (about 2.5 miles round trip; 60+ minutes including pit stop). Breathe delicious ocean air and enjoy dynamic bay and city views from ships to sea lions. Meet new friends to the right of the Bali Hai by the lamp post and hand rails, where we will stretch for a few minutes. Ample free parking. If you're late, drive down the island and join us along the way. Take the #28 bus and walk approximately 3 blocks to the Bali Hai. Optional eats afterward. Heavy rain cancels. Pace: casual+. Sally R. (619) 222-3800.

SUNDAY, FEBRUARY 9
7:15 am BREAKFAST SPECIAL: BALBOA PARK. The park is beautiful year round, with many paths to explore at your own pace. Eating and chatting afterward is optional but great fun. Meet at the carousel on Park Blvd. at Zoo Pl. Edie A. edier@cox.net. (619) 313-7818.

8:15 am MERRY GO-ROUND. See Sunday, February 2 for details.

MONDAY FEBRUARY 10
6:30 am SUNRISE SERIES: SOUTH BAY. Meet Frances in the parking lot on the corner of National City Blvd. and 2nd St. as we visit Heritage Square, where the “Railroad Homes” and Kimball House are located, and the National City Library, which has a custom designed William Hubbell stained glass window. We'll cut through Kimball Park, visiting the ARTS center on this casual to moderate 1 hour walk on flat terrain. From the north, take the I-5 south to Main St., make a left turn onto National City Blvd., go under the I-5 freeway and bear right at the arrow. Parking lot is about two blocks on your right. Bring money for optional breakfast afterward. Frances (619) 479-3962.
10:00 am
HISTORIC LA PLAYA TRAIL.
Join leader Rob as we follow a leg of the historic La Playa Trail along shoreline past yacht clubs, amazing homes and award winning gardens. Meet at the trail marker by the bay at the intersection of Talbot Street and Anchorage Lane, 2800 Talbot Street, an area which was the site of a Chinese junk shipbuilding village until the Chinese Exclusion Act. We will follow the ancient Kumeyaay path that became the oldest commercial trail in the Western United States, used by fur traders, whalers and fishermen to transport cargo from Ballast Point to Old Town and beyond. The casual pace is on a flat dirt trail for approx. 2.4 miles RT and 75 minutes. Street parking; observe signage. Optional eats after; heavy rain cancels; served by bus #28. Sally R. (619) 222-3800. Repeats every other week.

TUESDAY, FEBRUARY 11
2:00 pm
CLARA BREED WALK. This month the San Diego woman we are honoring is Clara Breed, the head of the San Diego Public Library from 1945 to 1970. Come and learn why she has more recently been recognized for her humanitarian work during World War II. We will meet at the corner of Sunset and Witherby, and walk past her home in Mission Hills on a mostly flat, 1.5 hour, casual-to-moderate walk. Bus #83 stops at Sunset & Witherby (E-bound), & Sunset & Couts (W-bound). Rain cancels. Evelyn K. (619) 461-6095.

6:30 pm
 ABOVE THE BAY. See Tuesday, February 4 for details.

WEDNESDAY, FEBRUARY 12
9:00 am
LAKE MURRAY. Come join us for a peaceful casual paced 1 hour walk on a mostly flat path by the water. There is a variety of wildlife to be seen as well. Drive through the main entrance to Lake Murray at the end of Kiowa Dr. off Lake Murray Blvd. Meet at the covered picnic table by the water just off the main parking lot. Optional breakfast after. Janet F. (619) 890-4622.

THURSDAY, FEBRUARY 13
6:30 am
 SUNRISE SERIES: SOUTH SHORE. Meet at the South Shores Boat Launch just east of Sea World on Mission Bay. Hopefully we’ll see some rabbits and the great sea birds there. Take I-5 to Sea World Dr. and go west to the South Shores Boat Launch Ramp area. Watch for the sign, it is not very prominent. We’ll meet at the restrooms at the boat launch. Optional breakfast follows this moderate, flat 1-hour walk. Edie A. edier@cox.net. (619) 313-7818.

10:00 am
 SHELTER ISLAND WALK & TALK. See Thursday, February 6 for details.
SUNDAY, FEBRUARY 16
7:15 am

**BREAKFAST SPECIAL: MISSION BEACH.** Let's walk, at your own pace, along the boardwalk to enjoy the ocean waves reflecting the rising sun. We could go north or south as we admire the mixture of old beach cottages and new multi-story homes. Meet in the parking lot in front of the roller coaster. If this parking lot is closed, meet in the large parking lot to the south. Edie A. edier@cox.net. (619) 313-7818.

8:15 am

**MERRY GO-ROUND.** See Sunday, February 2 for details.

MONDAY, FEBRUARY 17 (PRESIDENT’S DAY)
6:30 am

**SUNRISE SERIES: MISSION VALLEY – SAN DIEGO RIVERWALK.** Join us for a one hour casual to moderate walk on flat terrain along the San Diego River in Mission Valley. We'll meet at the parking lot at the west end of Mission Valley Center (southeast corner of Camino de la Reina and Mission Center Rd). From Highway 8 exit Mission Center Road, heading north to Camino de la Reina. We’ll have the option of walking towards Fashion Valley to the west or to the east, making a loop to return to our starting point. There is an option for faster walkers on this walk. Bring money for an optional breakfast afterward. Connie V. (619) 477-8628.

10:00 am

**AMERICA’S CUP HARBOR.** See Monday, February 3 for details.

TUESDAY, FEBRUARY 18
6:30 pm

**ABOVE THE BAY.** See Tuesday, February 4 for details.

WEDNESDAY, FEBRUARY 19
9:00 am

**MISSION TRAILS REGIONAL PARK, FATHER JUNIPERO TRAIL.** This is a 3 1/2 mile round trip easy walk on mostly level paved road but some dirt trail. It's a good idea to wear shoes with a good tread. Meet in front of the Visitors Center. We will walk to the old Mission Dam and back. Directions from Interstate 8 exit to Interstate 15, take Mission Gorge road exit then turn left on One Father Junipero Serra Trail, San Diego 92119. Rain cancels. Optional breakfast after. Janet F. (619) 890-4622.

THURSDAY, FEBRUARY 20
6:30 am

**SUNRISE SERIES: MISSION HILLS.** Enjoy the beautiful yards and views from one of San Diego's Mission Hills neighborhood, home to the Mission Historic District and Fort Stockton Line Historic District. This is a moderate 1-hour walk on mostly flat terrain, with options for some challenging hills with views towards the San Diego Airport and also Mission Valley. Remember, what goes down, must come back up! Discover what is new and old, what is being remodeled and renovated and just enjoy being in one of San Diego’s oldest neighborhoods. Meet Connie at Goldfinch St. and Fort Stockton Dr., which is 1 block north of West Washington St. Optional breakfast afterward. Connie V. (619) 477-8628.

8:15 am

**MERRY GO-ROUND.** See Sunday, February 2 for details.

FRIDAY, FEBRUARY 21 (THIRD FRIDAY)
4:40 pm (note time change)

**SUNSET CLIFFS VIEWS.** We’ll finish our one hour walk near sunset. We will enjoy this picturesque wonderland and spectacular views with occasional surprises such as weddings, marriage proposals and impromptu celebrations. Meet at Sunset Cliffs Blvd. & Point Loma Ave. (not West Point Loma Blvd.) in Ocean Beach. This walk will be AT YOUR OWN PACE. You may walk at whatever pace you prefer. We will walk south for 30 minutes and then come back on the same route and meet everyone one hour after we started in time to catch the bus or get a snack and socialize. For public transit, take bus route 923 from downtown at Broadway & 5th Ave. OR route 35 from Old Town Transit Center and transfer to route 923 in O.B. Stan F. (619) 222-3447.

SUNDAY, FEBRUARY 23
7:15 am

**BREAKFAST SPECIAL: PACIFIC BEACH.** Before the crowds arrive, walking along the ocean in Pacific Beach can be delightful. We'll admire the waves on a flat walk at your own speed and then return by the same route. Meet at the end of Garnet where the pier begins. Optional breakfast follows, perhaps overlooking the ocean and the surfers. Edie A. edier@cox.net. (619) 313-7818.

8:15 am

**MERRY GO-ROUND.** See Sunday, February 2 for details.

MONDAY, FEBRUARY 24
6:30 am

**SUNRISE SERIES: HARBOR ISLAND.** We'll have a quiet walk for 1 hour at a moderate pace on flat terrain around this beautiful area so close to downtown. Take Harbor Dr. to Harbor Island Dr., turn west to the end and
turn left to the parking next to Island Prime Restaurant. Bring money for optional breakfast afterward. Winnie M. (858) 278-4003.

10:00 am
HISTORIC LA PLAYA TRAIL. See Monday, February 10 for details.

TUESDAY, FEBRUARY 25
6:30 pm
⚧ ABOVE THE BAY. See Tuesday, February 4 for details.

THURSDAY, FEBRUARY 27
6:30 am
☀ Sunrise Series: South Shore. Meet at the South Shores Boat Launch just east of Sea World on Mission Bay. Hopefully we’ll see some rabbits and the great sea birds there. Take I-5 to Sea World Dr. and go west to the South Shores Boat Launch Ramp area. Watch for the sign, it is not very prominent. We’ll meet at the restrooms at the boat launch. Optional breakfast follows this moderate, flat 1-hour walk. Winnie M. (858) 278-4003.
10:00 am
⚧ Shelter Island Walk & Talk. See Thursday, February 6 for details.

FRIDAY, FEBRUARY 28
4:00 pm
Mission Hills Meander. No doubt you’ve heard of George Marston who was one of San Diego’s early civic leaders. You probably also know how our city went all out to celebrate the opening of the Panama Canal. What did all this have to do with the magnificent architecture found in Mission Hills? Come walk with us and find out how this area first developed in the early 1900’s. Park at 1920 Ft. Stockton Drive for a one hour, 2.5-mile, moderate walk and add more stickers to your passport. Cynthia R. (619) 889-6645.

UPCOMING EVENTS/TRIPS/WALKS

MARCH:
Walkabout Anniversary Potluck .................................. TBD

APRIL:
Board Members Annual Retreat/Planning Session TBD

SEPTEMBER:
Vintage Tall Ships Parade/Shelter Island ............... TBD

OCTOBER:
Annual Meeting/Mission Bay Picnic ....................... TBD

IDAHO NEVER FAILS TO ENTERTAIN

Peruvian, Basque and Scottish cultures are celebrated at the Folklife Fair as part of the Trailing of the Sheep Festival each October in Hailey and Ketchum, ID.
FEBRUARY 2020 WALKS AT A GLANCE

Bold walk start times are those that repeat every week at the same location, day, and time.

<table>
<thead>
<tr>
<th>SUNDAY</th>
<th>MONDAY</th>
<th>TUESDAY</th>
<th>WEDNESDAY</th>
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<td>7:15 am</td>
<td>Breakfast: Shelter Island</td>
<td>6:30 am</td>
<td>9:00 am Free Tuesday - Fleet Center</td>
<td>TBA Hike</td>
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<td>8:15 am Merry-Go-Round</td>
<td>Sunrise: Lake Murray</td>
<td>10 am America's Cup Harbor</td>
<td>6:30 pm Above the Bay</td>
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<td>Sunrise: Pacific Beach Boardwalk</td>
<td>10 am Shelter Island</td>
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<tr>
<td>7:15 am Breakfast: Balboa Park</td>
<td>6:30 am Sunrise: South Bay</td>
<td>2:00 pm Clara Breed Walk</td>
<td>TBA Hike</td>
<td>6:30 am</td>
<td>10:30 am Walkabout Board Meeting</td>
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<td>10 am Historic La Playa Trail</td>
<td>6:30 pm Above the Bay</td>
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<td>Sunrise: South Shore</td>
<td>4:00 pm Mission Hills Meander</td>
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<tr>
<td>7:15 am Breakfast: Mission Beach</td>
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<td>6:30 pm Above the Bay</td>
<td>TBA Hike</td>
<td>6:30 am</td>
<td>4:40 pm Sunset Cliff Views</td>
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BOARD SEEKS YOUR HELP
VOLUNTEERS NEEDED!

1. Office Volunteers

Here is your opportunity to help keep our great organization going. Office hours are 10am-2pm Monday, Wednesday and Friday. Activities include answering the phone, checking the mail, general maintenance of the office and helping with projects as needed. No prior office experience is required as we will train you on all aspects of the job and a board member is usually only a phone call away if something comes up for which you have no answer. Currently we have been able to maintain office hours because board members are giving their time to serve.

2. Board of Directors Members

What does it take to be a member of the Board of Directors?

First and foremost a desire to do all that is necessary to keep this great organization moving forward. We request you attend one two hour meeting on the 2nd Friday of each month. These meetings are where we determine what events, activities, trips etc. that Walkabout will do. In addition to board meetings, most members have additional activities. For example, Donna is the secretary and takes the minutes of our board meetings, Diane is the treasurer and makes sure our bills are paid, Stan keeps our membership rolls in order so people receive their monthly newsletter, Marilyn plans activities and day trips and Dan plans multi-day trips.

We currently need someone who would like to help us develop new walks. We would also like to have someone who is social media savvy and would like to spread our story using this forum.

If this sounds like something you would like to do, please attend a board meeting so we can meet you and hear your Ideas. If you can't attend the board meeting, please email your ideas to Elaine Berger President@walkabout-int.org.

WALKABOUT BOARD MEETING
Friday, February 14th at 10:30 a.m.
Serra Mesa-Kearny Mesa Branch Library, Sudberry Room
9005 Aero Drive, San Diego 92123
All Subscribers Are Welcome
WILDERNESS HIKES

Time: TBA

WILDERNESS HIKE details and trailhead directions will be e-mailed a day or two before each hike.

IMPORTANT HIKE INFO: Bring lunch, 2-3 quarts of water, sun and rain protection, and lug-soled shoes. “First timers” must call the leader. All participants must be well prepared for trail conditions, be able to keep pace with the group and will be accepted at the leader’s discretion.

Car Pool Info: Park on the street in front of the Methodist Church, 2111 Camino del Rio South (west of Texas St.). Be prepared to drive yourself if there are no other carpoolers.

Check Wilderness Hikes as weather or unusual conditions may cause the hike to be moved or canceled. If you have any questions, please contact the relevant hike leader as noted.

HIKE CONTACT INFORMATION

<table>
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<tr>
<th>DATE</th>
<th>LEADER</th>
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<tbody>
<tr>
<td>Wednesday 2/5</td>
<td>Mike L (858) 922-0738 or <a href="mailto:mlewis1944@gmail.com">mlewis1944@gmail.com</a></td>
</tr>
<tr>
<td>Wednesday 2/12</td>
<td>Sherry M (619) 887-0055 or <a href="mailto:sherry.rokarty@gmail.com">sherry.rokarty@gmail.com</a></td>
</tr>
<tr>
<td>Wednesday 2/19</td>
<td>Myra C (619) 876-1814 or <a href="mailto:sierra.myra@gmail.com">sierra.myra@gmail.com</a></td>
</tr>
<tr>
<td>Wednesday 2/26</td>
<td>Mike M (858) 449-9399 or <a href="mailto:pmichael@mcdonaldgroup.net">pmichael@mcdonaldgroup.net</a></td>
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SAFETY FIRST!
Flashlights should be kept handy on evening or early morning walks. They help you not only to see, but to be seen. In case of emergency please carry ID and medical information.

JOIN US ON MEETUP!
www.meetup.com/Walkabout-International

Please remember that Walkabout International is a non-smoking experience. There is no smoking at the meeting place or during the walk.

BOARD MEMBERS

<table>
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<tr>
<th>POSITION</th>
<th>NAME</th>
<th>PHONE</th>
<th>EMAIL</th>
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<tbody>
<tr>
<td>President</td>
<td>Elaine Berger</td>
<td>(858) 560-9003</td>
<td><a href="mailto:President@walkabout-int.org">President@walkabout-int.org</a></td>
</tr>
<tr>
<td>1st Vice President</td>
<td>Robert Buehler</td>
<td>(619) 470-0778</td>
<td><a href="mailto:vp1@walkabout-int.org">vp1@walkabout-int.org</a></td>
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<tr>
<td>2nd Vice President</td>
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<tr>
<td>3rd Vice President</td>
<td>Stan Follis</td>
<td>(619) 222-3447</td>
<td><a href="mailto:Stanley@walkabout-int.org">Stanley@walkabout-int.org</a></td>
</tr>
<tr>
<td>Secretary</td>
<td>Donna Farris</td>
<td>(619) 559-5650</td>
<td><a href="mailto:secretary@walkabout-int.org">secretary@walkabout-int.org</a></td>
</tr>
<tr>
<td>Treasurer</td>
<td>Diane Erk</td>
<td>(619) 231-7463</td>
<td><a href="mailto:treasurer@walkabout-int.org">treasurer@walkabout-int.org</a></td>
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DIREKTORS

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<tr>
<th>NAME</th>
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<tbody>
<tr>
<td>Marilyn Buckley</td>
<td>(619) 231-7463</td>
<td><a href="mailto:prwalkabout@yahoo.com">prwalkabout@yahoo.com</a></td>
</tr>
<tr>
<td>Janet Fenston</td>
<td>(619) 890-4622</td>
<td><a href="mailto:Janet@walkabout-int.org">Janet@walkabout-int.org</a></td>
</tr>
<tr>
<td>Director Emeritus</td>
<td>Dan Haslam</td>
<td>(619) 318-4870</td>
</tr>
</tbody>
</table>

OFFICE STAFF
Elaine Berger, Marilyn Buckley, Robert Buehler, Donna Farris, Charlotte Sedgwick, and Janet Fenston

NEWSLETTER STAFF
Kathy Johnson kathyj@walkabout-int.org, Dan Haslam

MAILING CREW
Charlotte Sedgwick, Beverly Stebbins, Stan Follis, Don Piller

NEWSLETTER DEADLINE NOTICE
All walks must be submitted by the 10th of the month before the month of the walk. None will be accepted after that date. For example, the April newsletter is published in March, so walks must be submitted by March 10th. You must email your walks to kathyj@walkabout-int.org. If you email more than one walk, please leave extra space between each walk. You can email your newsletter comments and suggestions to publisher@walkabout-int.org.

Follow us on Facebook at Walkabout International
ABOUT WALKABOUT, SAN DIEGO’S PREMIER SOCIAL NETWORK AFOOT

Established in 1977, Walkabout promotes healthy regular exercise, social camaraderie and discovering new places. We are a volunteer, San Diego-based, non-profit organization who offers more than 1,000 free local walks each year, along with parties, picnics, potlucks, holiday celebrations and other activities – including national and international travel – all with a walking component.

WALKABOUT NEWSLETTER SUBSCRIPTION/SUPPORTER FORM

You are the heart and "soles" of an all-volunteer, nonprofit organization that raises walking far above a pedestrian pursuit. WALKABOUT INTERNATIONAL depends in large part on your generous spirit to fund our yearly operating costs through your thoughtful, tax deductible donations. If you appreciate the value you receive from WALKABOUT INTERNATIONAL, please contribute. All levels of support include a one-year subscription to our monthly newsletter. Call 619-231-SHOE (7463) to notify office promptly of any changes to your information; or to discuss WALKABOUT’s charitable gifts, trusts, and memorials program; or to find out how you can donate some time to WALKABOUT. By coming on walks, bringing friends, helping out at the headquarters or at events - you sustain and spread the WALKABOUT spirit!

___ Basic Level $20 ___Tenderfoot $25 ___Footprint $100 ___Arch Supporter $250
___ Twinkle Toes $50 ___Kindred Sole $250 ___Big Foot $1000 ___Other Contribution Amount $___________

Circle RENEW or NEW Subscriber/Supporter…How did you hear about us?___________________________________

Please mail completed form (we do not share information): 2650 Truxtun Rd., Suite 110, San Diego, CA 92106-6007.

All applications including the buy-one, get-one-free must contain a correct address, including zip code, and at least one phone number.

NAME _______________________________________________________________ DATE  ___________________________

ADDRESS ___________________________________________________________________________________________

CITY __________________________________________________________ STATE ____ ZIP+4___________- __________

PRIMARY PHONE (             ) _________________________ OTHER PHONE (            )  ___________________________

EMAIL ADDRESS ______________________________________________________________________________________

NEWSLETTER AND EMAIL OPTIONS

___ PDF ONLY (fully tax deductible, eco-friendly, and helps us keep costs down)

___ MAIL ONLY (physical newsletter will be mailed to your address)

___ BOTH (available only if support greater than Basic Level)

___ Subscribe to the email list for Wilderness Hikes

BUY-ONE GET-ONE-FREE

Subscriptions at and above the Tenderfoot ($25) level include our buy-one, get-one-free (PDF only) deal whether you are a new or renewing subscriber. This allows you to give a one-year Newsletter subscription, PDF version only, to anyone who has never been a WALKABOUT subscriber.

NAME _______________________________________________________________ DATE  ___________________________

ADDRESS ___________________________________________________________________________________________

CITY __________________________________________________________ STATE ____ ZIP+4___________- __________

PRIMARY PHONE (             ) _________________________ OTHER PHONE (            )  ___________________________

EMAIL ADDRESS ______________________________________________________________________________________
THE ORIGINS OF WALKABOUT IN SAN DIEGO

Our organization derives its name from an Australian aborigine ritual, called a walkabout, in which members of the community venture out to live off the land and meet their environment on its own terms. That is the spirit of what our walks are all about. We encounter and embrace our urban, suburban and rural environments on their own terms and open ourselves up to uncovering the beauty and essence of a neighborhood while we enjoy healthy exercise and convivial socializing. That’s the “Walkabout” part. The “International” component reflects the opportunity to travel for customized, behind-the-scenes walking tours of countries such as the UK, Switzerland, France, Canada, Mexico and Japan.

Walkabout International began as a result of people, recently moved to San Diego, who wished to discover the tucked-away nooks and crannies as well as the well-known picturesque places in the environs of San Diego; to walk just for the health of it in the evening after work – and to meet others with similar interests afoot who would share their favorite pathways.